

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Date: \_\_\_\_\_

## Clothing Hygiene



1. How should one pass sharp objects such as scissors?

---

---

2. A career is a profession/occupation requiring special training as a person's lifework. List and describe **FOUR** clothing careers one can undertake.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_

3. What is hygiene?

---

---

4. List **TWO** benefits of keeping the skin clean.

---

---

5. Give one guideline for preventing each of the following:

- a. Acne  
\_\_\_\_\_
- b. Corns on the feet  
\_\_\_\_\_
- c. Cavities  
\_\_\_\_\_

6. State why the following practices are advisable:

- a. Regularly flossing teeth  
\_\_\_\_\_
- b. Trimming toe nails straight across  
\_\_\_\_\_

7. Explain the difference between a deodorant and an anti-perspirant.

---

---

---