UNIVERSITY OF TECHNOLOGY AND APPLIED SCIENCES- IBRA

LEVEL 3. READING. UNIT 5 READING B

Use the words in the boxes to complete the text.

affect	diet	drug	mental activity	physical
proof	route	state	stress	transfer

Modern lifestyle causes many serious diseases to people all over the world. Diabetes is a very serious disease that 1. _____ millions people. The main cause of diabetes is bad 2. _____ that contains a lot of sugar and oil. The second cause of diabetes is lack of exercise. Today we use a lot of vehicles and machines that reduce the need for 3. _____ work. Almost all people today are very busy and they worry about many things. Business people, students and government officials all have a lot of 4. _____ ____. This is the third cause of diabetes. Doctors usually prescribe a 5. _____ called insulin to control diabetes. It is very important to follow a healthy lifestyle to prevent diseases like diabetes.

(BIJU C THOMAS)

LIVEWORKSHEETS