Test : Go to Sleep!

1. The little girl cannot _____unless her mother reads to her.
   a. eat b. play
   c. sleep d. fall asleep
2. _____ needs an average of 7 to 8 hours a night.
   a. A baby b. Teenagers
   c. An adults d. Children

3. My friend smokes _____ of ten cigarettes a day.
   a. a half b. an average
   c. let's say d. different
4. Alexander Graham Bell was the _____ of the telephone.
   a. maker b. invented
   c. inventor d. discoverer
5. Benjamin Franklin, the famous _____ and inventor, had four beds.
   a. statesman b. writer
   c. president d. prime minister
6. Which sentence is correct about "Sleep" ?
   a. Sleep isn't more important than food.
   b. Teenagers sleep longer than adults.
   c. People need more sleep as they get older.
   d. A baby needs 12 hours of sleep every day.
7. Which sentence is not true about the passage of sleep?
   a. Some people need only 3 hours of sleep a night.
   b. After age 50, the average sleep time is 6.5 hours a night.
   c. We spend about a quarter of our lives in sleep.
   d. One in three Americans has a problem with sleep.
8. What does this word " Let's say" in line 3 mean?
   a. to come or put together
   b. to give part of something to someone else
   c. suppose;imagine;for example
   d. saying and doing only true things



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9. What does " a person who is 20 or 21 year old or older" refer to?

a. baby b. children

c. teenager d. adult

10. Which word is the same meaning of normal?

a. special b. unusual

c. ordinary d. fantastic

11. I usually wake up when I have a _____ . I am scared and my heart beats fast.

a. sweet dream b. nightmare

c. snore d. sneeze

12. What does this word " inventor" in paragraph 5 mean?

a. a person who is first to get an idea for something

b. a person who make cars or machines

c. a person who is not first to get an idea for something

d. a person who is first to help the car accident.

13. Which of the following is a good thing to do fall asleep?

a. eating too much b. relaxing and exercising

c. go shopping d. watch TV.

14. When I eat too much, _____.

a. I can sleep well b. I have a nightmare

c. I have a sweet dream d. I can study hard

15. What is the name of the problem for people who cannot sleep?

a. fall asleep

b. nightmare

c. snore

d. insomnia









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