Word Families

noun	authority	The authorities decided to keep the park open in the evenings so families could spend more time in nature.
verb	authorize[1]	The school director authorized the teachers to spend a larger chunk of the school day outdoors with their students.
adjective	authoritative	According to an authoritative source, spending time in nature improves our health.
adverb	authoritatively	The expert wrote authoritatively about the topic of exercise and its effects on mental health.

noun	deliberation	After deliberation, he decided to spend some time every day engaged in outdoor activities.
verb	deliberate	The group deliberated for an hour before reaching a decision.
adjective	deliberate	It is obvious that people need to make a deliberate decision to spend more time in nature.
adverb	deliberately	We need to spend time in nature deliberately.

noun	emotion	The stress of city life can make emotions difficult to control.
adjective	emotional	Children who don't spend a lot of time playing outdoors can end up with emotional problems.
adverb	emotionally	People respond emotionally to the overwhelming stimuli of the city.

[1]BrE: authorise

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noun	industry	His favorite pastime is building model ships, and he always goes about this activity with great industry.
adjective	industrious	He is always industrious even when engaged in leisure-time activities.
adverb	industriously	He worked on his project industriously.

noun	intellect	The stress of city life has effects on the intellect.
noun	intellectual	I enjoy reading the works of the great intellectuals of the nineteenth century.
adjective	intellectual	Some people enjoy spending their leisure time engaged in intellectual activities.
adverb	intellectually	Some people look for experiences that engage them intellectually.

noun	reluctance	Reluctance to spend time in nature is a problem for modern children.
adjective	reluctant	People can be reluctant to leave their familiar city surroundings to explore unknown places.
adverb	reluctantly	They reluctantly agreed to spend their vacation at a national park.

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Word Family Practice

Choose the correct word family member from the list below to complete each blank.

It is crucial to acknowledge the importance of leisure-time activities. They are not merely a way to use up free time. They are important for our physical and **1**..... health. We need to choose activities that rest our minds and bodies so that we can feel rejuvenated when we return to work and can do our jobs more **2**..... . Some people enjoy **3**..... pastimes; other people choose different sorts of leisure-time activities. The key is to be **4**..... about choosing a pastime that is active rather than passive. Many people feel **5**..... to be physically active after a tiring week at work. However, **6**..... tell us that this is actually the best way to decrease stress and relax.

1.	emotions	emotional	emotionally
2.	industry	industrious	industriously
3.	intellect	intellectual	intellectually
4.	deliberation	deliberate	deliberately
5.	reluctance	reluctant	reluctantly
6.	authorities	authorizes	authoritative

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