

Word Families

| | | |
|------------------|------------------------|---|
| noun | authority | The authorities decided to keep the park open in the evenings so families could spend more time in nature. |
| verb | authorize ¹ | The school director authorized the teachers to spend a larger chunk of the school day outdoors with their students. |
| adjective | authoritative | According to an authoritative source, spending time in nature improves our health. |
| adverb | authoritatively | The expert wrote authoritatively about the topic of exercise and its effects on mental health. |

| | | |
|------------------|--------------|--|
| noun | deliberation | After deliberation, he decided to spend some time every day engaged in outdoor activities. |
| verb | deliberate | The group deliberated for an hour before reaching a decision. |
| adjective | deliberate | It is obvious that people need to make a deliberate decision to spend more time in nature. |
| adverb | deliberately | We need to spend time in nature deliberately. |

| | | |
|------------------|-------------|---|
| noun | emotion | The stress of city life can make emotions difficult to control. |
| adjective | emotional | Children who don't spend a lot of time playing outdoors can end up with emotional problems. |
| adverb | emotionally | People respond emotionally to the overwhelming stimuli of the city. |

¹BrE: authorise

ESSENTIAL WORDS FOR THE IELTS

| | | |
|------------------|---------------|---|
| noun | industry | His favorite pastime is building model ships, and he always goes about this activity with great industry. |
| adjective | industrious | He is always industrious even when engaged in leisure-time activities. |
| adverb | industriously | He worked on his project industriously. |

| | | |
|------------------|----------------|---|
| noun | intellect | The stress of city life has effects on the intellect. |
| noun | intellectual | I enjoy reading the works of the great intellectuals of the nineteenth century. |
| adjective | intellectual | Some people enjoy spending their leisure time engaged in intellectual activities. |
| adverb | intellectually | Some people look for experiences that engage them intellectually. |

| | | |
|------------------|-------------|--|
| noun | reluctance | Reluctance to spend time in nature is a problem for modern children. |
| adjective | reluctant | People can be reluctant to leave their familiar city surroundings to explore unknown places. |
| adverb | reluctantly | They reluctantly agreed to spend their vacation at a national park. |

Word Family Practice

Choose the correct word family member from the list below to complete each blank.

It is crucial to acknowledge the importance of leisure-time activities. They are not merely a way to use up free time. They are important for our physical and 1..... health. We need to choose activities that rest our minds and bodies so that we can feel rejuvenated when we return to work and can do our jobs more 2..... Some people enjoy 3..... pastimes; other people choose different sorts of leisure-time activities. The key is to be 4..... about choosing a pastime that is active rather than passive. Many people feel 5..... to be physically active after a tiring week at work. However, 6..... tell us that this is actually the best way to decrease stress and relax.

| | | |
|-----------------|--------------|----------------|
| 1. emotions | emotional | emotionally |
| 2. industry | industrious | industriously |
| 3. intellect | intellectual | intellectually |
| 4. deliberation | deliberate | deliberately |
| 5. reluctance | reluctant | reluctantly |
| 6. authorities | authorizes | authoritative |