

UNIT 2: HEALTHY LIVING-(STUDENTS)

Ex I: Find the word which has a different sound in the part underlined

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|------------------------|--------------------|----------------------|-------------------|
| 1. A. <u>th</u> ousand | B. <u>th</u> ick | C. mon <u>th</u> | D. <u>th</u> en |
| 2. A. <u>t</u> utor | B. <u>du</u> ck | C. <u>c</u> ube | D. <u>m</u> usic |
| 3. A. <u>t</u> iny | B. l <u>igh</u> t | C. con <u>t</u> inue | D. bl <u>in</u> d |
| 4. A. <u>i</u> sland | B. art <u>i</u> st | C. <u>s</u> ilent | D. hou <u>s</u> e |
| 5. A. <u>h</u> ealthy | B. <u>s</u> ystem | C. <u>e</u> asy | D. <u>u</u> gly |

Ex II: Label the pictures

put on weight	sunburn	broken leg	fever
backache	headache	cough	allergy

			
1.	2.	3.	4.
			
5.	6.	7.	8.

Ex III: Odd one out

- | | | | |
|-----------------|----------------|--------------|-------------|
| 1. A. headache | B. earache | C. backache | D. regular |
| 2. A. exercise | B. reduce | C. problem | D. limit |
| 3. A. vegetable | B. computer | C. junk food | D. sweet |
| 4. A. important | B. sunburn | C. allergy | D. cough |
| 5. A. spots | B. sore throat | C. toothache | D. medicine |
| 6. A. flu | B. cold | C. hot | D. fever |
| 7. A. strong | B. vegetarian | C. healthy | D. weak |
| 8. A. vitamin | B. cousin | C. children | D. adult |

Ex V: Choose the best answer

 1.	Backache Earache Cough Flu	 2.	Stomachache Headache Toothache Earache
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3. 	Allergy Fever Spots Sunburn	4. 	Put on weight Sickness Broken leg Sore throat
5. 	Sunburn Allergy Cold Temperature	6. 	Earache Toothache Headache Backache
7. 	Cough Spots Broken leg Fever	8. 	Flu Sore throat Sunburn Stomachache
9. 	Toothache Backache Earache Headache	10. 	Allergy Flu Sickness Spots

Ex VI: Match the problems with the advice

1. He has a sore throat.	1 –	a. You should wear a hat.
2. Jack is tired.	2 –	b. She shouldn't eat seafood.
3. He loves computer games.	3 –	c. She should eat less junk food.
4. The boy has a toothache.	4 –	d. He should have a rest.
5. I get sunburn.	5 –	e. He shouldn't eat many sweets.
6. She has some spots on the face.	6 –	f. He should limit the time.
7. She puts on weight.	7 –	g. He shouldn't drink cold water.
8. Jane has an allergy.	8 –	h. She should keep her face clean.

Ex VII: Put the words in the correct column

dizzy, cough, headache, sick, stomachache, flu, weak, sore throat, fever, tired, spots, backache, temperature, cold

Have a	Have	feel

Ex IX: Put the words in the correct column

laugh, van, wife, have, fight, leaf, fail, tough, four, save, cough, dive, far, calf, give, knife, move, life,

/f/	/v/

Ex X: Put the words/phrases in the correct column

vegetable, rubbish, watching T.V, coffee, littering, pizza, fast food, jogging, washing clothes, trees, public place, orange juice, taking a bath, dumping site

Food and drinks	Activities	Environment

Ex XI: Fill in the gap with a suitable word from Ex X

1. This (c).....is too hot for me to drink.
2. Some people have a bad habit of (l).....in public places.
3. My son is (t).....in the bathroom now.
4. My mother likes (j).....in a park near our house in the morning.
5. Please put the (r) into the rubbish bin over there, boy!
6. If you eat too much (f)....., you will put on weight.
7. Human beings should plant more (t).....to protect the environment.
8. Jenny has dirty clothes. She is (w).....at the moment.
9. Does she prefer apple juice or (o).....?

Ex XII: Write thing/activity in the column on the right

breakfast, watching T.V, fast food, diseases, washing clothes, wash the face, have a rest

Key words	Thing/activity
1.face, clean water, soap	
2.pizza, hamburger, spaghetti	
3. clothes, washing power, washing machine	
3.T.V, sofa,	
4. bed, pillow	
5. headache, cough, flu, temperature	
6.bread, milk, eggs, dining room	

Ex XIII: Fill in the gap with a suitable word

weight	activities	fresh	regularly
clothes	allergy	flu	light

1. You should stay outdoors more and do more physical
2. The children shouldn't read books or study when there is not enough.....
3. If you want to lose, you should eat less high – fat food.
4. My mother has anwhen she eats crab.
5. Look! His nose is running. He has.....
6. They should wear warm..... to keep the body, especially their feet warm.
7. People like living in the countryside because the air is so
8. I wash my faceto keep it clean.

Ex XIV: Write the correct form of the word given

1. My father decided to quitmany times but he wasn't successful. **SMOKE**
2. Some young people have a bad habit ofin public places. **LITTER**
3. If you want to have a good, you should do exercise regularly. **HEALTHY**
4. Thein my village drink fish sauce before they get down to the sea. **FISH**
5. The more you laugh, theyou are. **HAPPY**
6. Please wash these clothes immediately. They are so**DIRT**
7. People in this area have a problem with**OBESE**
8. I hate winter because I likeclimate. **WARMTH**

Ex XV: Choose the best answer

1. Does your father likephotos?
A. doing B. making C taking D. having
2. The children love beingwith the trees and flowers.
A. indoors B. outdoors C. inside D. outside
3. My fathera lot of fish from the river this afternoon.
A. has B. brings C. carries D. catches
4. Nick prefers making models towood.
A. carving B. using C. cutting D. doing
5. What do theyabout making pottery?
A. have B. worry C. think D. take
6. My daughter isShe can make new things easily.
A. creative B. careful C. serious D. happy
7. The manup this hobby when he returned to his country.
A. added B. had C. took D. saw
8. Wethe rubbish and put it into the bin over there.

A. get B. collect C. use D. provide

9. Carved eggshells can beas gifts for your family and friends.

A. taken B. bought C. sold D. used

10. My mum does exercise every day tofit.

A. keep B. do C. take D. turn