

Level: A2 Pre Intermediate

Skill: reading

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"One of the great challenges for every human being is to prepare themselves to meet their dreams"

The renowned psychoanalyst, musician, and actor reflects on the emotions that affect us day by day.

At the very least, you should try something. Don't stray too far from what you dream.

What does someone do when they want something in their life but are afraid to take action?

"Maybe someone doesn't have the desire or the drive, the energy or the self-confidence to go directly for what they seek, but you have to try to make what you do bring you closer to your dream and not take you away from it."

"You have to be ready to read chance because life is full of chances," says Rolón, while also assuring us that one of the great challenges for every human being is to prepare themselves to meet their dreams.

"Because sometimes you dream and say, 'How I would love to sing,' but you don't spend eight hours studying singing. Did you make the effort in case chance puts you in that situation...? I meet a lot of people who regret not achieving what they didn't prepare for."

And he concludes by quoting a phrase from Alejandro Dolina that he really likes and is applicable to various aspects of life: "Generally, people who study have better luck in exams."

**"Knowing about death
motivates us to live.
There isn't much time to
gamble on our dreams."**



Vocabulary

- **Challenges** - Difficulties or obstacles that require effort to overcome.
- **Prepare** - To make ready for a particular purpose or activity.
- **Meet** - In this context, it means to fulfill or achieve.
- **Dreams** - Aspirations, goals, or desires for the future.
- **Try** - To make an attempt or effort.
- **Stray** - To deviate or move away from a path or goal.
- **Desire** - A strong wish or longing for something.
- **Drive** - Motivation or determination to achieve something.
- **Energy** - Vitality or the capacity for vigorous activity.
- **Self-confidence** - Belief in one's abilities and judgment.
- **Directly** - Without deviation or hesitation; immediately.
- **Seek** - To look for or search for something.
- **Closer** - Nearer or more proximate in distance or relationship.
- **Away from** - In the opposite direction or at a distance from.
- **Read chance** - To interpret or understand random events or opportunities.
- **Full of chances** - Abundant in opportunities or possibilities.
- **Regret** - Feelings of sadness or disappointment about something that has happened.
- **Achieving** - Successfully reaching or attaining a goal.
- **Effort** - Physical or mental exertion towards a specific purpose or goal.
- **Situation** - A set of circumstances or conditions in a particular time and place.