UNIT 1: A LONG AND HEALTHY LIFE

Lesson 8: Looking back & Project

Name: _____

Class: _____

PRONUNCIATION

Tick the common pronunciation of the underlined auxiliary verbs. Then listen and check. Self-practise saying the conversations.

1. Doctor: Have you been examined yet?

A. /hæv/ ☐ **B.** /hav/ ☐

Nam: Yes, I have.

A. /hæv/ ☐ **B.** /hav/ ☐

2. Trainer: Can you do this exercise routine?

A. /kæn/ ☐ **B.** /kən/ ☐

Nam: Yes, I can.

A. /kæn/ ☐ **B.** /kən/ ☐

VOCABULARY

HEALTHY LONG LIFE

Fill in each gap with ONE word from the box.

cut	Work	suffer	treatment	balanced

1. We need to *(1)* _____ down on fast food if we don't want to *(2)* _____ from heart diseases in the future.

2. *(3)* _____ out regularly and having a *(4)* _____ diet are the key to a healthy lifestyle.

3. Antibiotics are not used in the *(5)* _____ of diseases caused by viruses.

LIVEWORKSHEETS

GRAMMAR

Choose A, B or C that is incorrect in each of the following sentences. Then correct it.

Questions	Mistake	Correction
1. My grandfather has gone (A) to (B) hospital last month. He is (C) fine now.		
2. Life expectancy has been (A) very low in (B) the past. Now it is (C) higher.		
3. My father used to do (A) a lot of exercise (B) since (C) he was young.		
4. I was (A) ill last week, and didn't do (B) much (C) exercise so far this week.		

PROJECT

HEALTHY HABITS POSTERS

Work in groups. Design a poster to help teens to develop a healthy habit (e.g. having a balanced diet, taking regular exercise, protecting themselves against certain diseases).

Present your poster to the class. Use these questions as cues for your presentation.

1. What is the healthy habit?
2. What are the benefits of this habit?
3. How can we develop this habit?

SPEAKING ASSESSMENT

Criteria	Points awarded	Points possible
Talking points is relevant to the topic		4
Speaking loudly, clearly and fluently		3
Using correct grammar		2
Participating in group's representation		1
TOTAL SCORE		10

*****THE END*****

LIVEWORKSHEETS