

UNIDAD EDUCATIVA BENJAMIN FRANKLIN

SCIENCE HOMEWORK

SIXTH GRADE

1. Fill the blank spaces with the correct word. Use your book if you need it.

- 1 fiber: a complex carbohydrate that helps with our digestion
- 2 _____: nutrients from, e.g., meat and fish that build our bodies' tissues
- 3 _____: types of nutrients such as sugars, starch, and fiber
- 4 _____: a complex carbohydrate found in bread, corn, and potatoes
- 5 _____: a measure of the amount of energy provided by food
- 6 _____: there are three kinds of these in your food
- 7 _____: a type of sugar that gives a lot of energy
- 8 _____: a waxy substance that is like a fat