HOW OFTEN? ADVERBS OF DEFINITE FREQUENCY

Number + Times	+ A +	Time Period (SINGULAR NOUN)
Once*	a	day
Twice*	a	week
Three times	a	month
Four times	a	year

EVERY +	Number +	Time Period (PLURAL NOUN)
Every	two	days
Every	three	weeks
Every	four	months

EVERY +	Time Period (SINGULAR NOUN)
Every	day
Every	week
Every	month

=

Time Period
daily
weekly
monthly
annually

* *one time* ✗ **once** ✓
two times ✗ **twice** ✓

For example:

- She visits the dentist twice a year.
- He goes to the gym three times a week.
- I call her daily to make sure she is fine.
- There is a leap day every four years.
- We pay our mortgage every month.

1. **Mr. Smith goes to the dentist _____ a week.**
a. Twince
b. two times
c. twice

2. **Valentine eats fast food once _____.**
a. a month
b. in month
c. month

3. **Does the following sentence have a DEFINITE or INDEFINITE adverb of frequency: I usually take a shower after doing exercise.**
a. Definite
b. indefinite

4. **Does the following sentence have a DEFINITE or INDEFINITE adverb of frequency: Edward goes shopping for shoes every two months.**
a. Definite
b. indefinite

5. **I go to the beach once a _____.**
a. a years
b. a year
c. on every year

6. **Jeremiah buys groceries every Monday and Thursday. He buys groceries _____.**
a. twice a month
b. twice a week
c. twice

7. **We have a meeting once a month. How many sessions do we have in a year?**
a. 6
b. 12
c. 1

8. **He gets a special visitor_____.**
a. Mothly
b. Monthly
c. a month

9. **They do their taxes _____**
a. annual
b. annually
c. a year

10. **Which of the following sentences has a definite adverb of frequency?**
a. He rarely goes swimming
b. I started a new job last year
c. They are twins
d. He eats cake once a year

LIVEWORKSHEETS