

# HOW OFTEN? ADVERBS OF DEFINITE FREQUENCY

Number + Times	A	Time Period
Once*	a	day <small>SINGULAR NOUN</small>
Twice*	a	week
Three times	a	month
Four times	a	year

EVERY	Number	Time Period
Every	two	days <small>PLURAL NOUN</small>
Every	three	weeks
Every	four	months

EVERY	Time Period
Every	day <small>SINGULAR NOUN</small>
Every	week
Every	month

Time Period
daily
weekly
monthly
annually

* one time	✗
once	✓
two times	✗
twice	✓

## For example:

- She visits the dentist **twice** a year.
- He goes to the gym **three times** a week.
- I call her **daily** to make sure she is fine.
- There is a leap day **every four years**.
- We pay our mortgage **every month**.

1. Mr. Smith goes to the dentist \_\_\_\_\_ a week.

- Twice
- two times
- twice

2. Valentine eats fast food once \_\_\_\_\_.

- a month
- in month
- month

3. Does the following sentence have a DEFINITE or INDEFINITE adverb of frequency: **I usually take a shower after doing exercise.**

- Definite
- indefinite

4. Does the following sentence have a DEFINITE or INDEFINITE adverb of frequency: **Edward goes shopping for shoes every two months.**

- Definite
- indefinite

5. I go to the beach once a \_\_\_\_\_.

- a years
- a year
- on every year

6. Jeremiah buys groceries every Monday and Thursday. He buys groceries \_\_\_\_\_.

- twice a month
- twice a week
- twice

7. We have a meeting once a month. How many sessions do we have in a year?

- 6
- 12
- 1

8. He gets a special visitor \_\_\_\_\_.

- Mothly
- Monthly
- a month

9. They do their taxes \_\_\_\_\_.

- annual
- annually
- a year

10. Which of the following sentences has a definite adverb of frequency?

- He rarely goes swimming
- I started a new job last year
- They are twins
- He eats cake once a year