

Name: _____

Date: _____

Instructions: Write the following notes in your Social Subjects book.



What are indigenous plants

Indigenous plants are plants that are native to a country.

The Bahamas has many indigenous flowering plants.

Indigenous and Medicinal Plants

Some of these plants are used to cure ailments (illnesses or conditions).

In The Bahamas, these plants are also called bush medicines.



Examples Indigenous Medicinal Plants

Morning Glory

Have **purple**, bell shaped flowers; used to cure constipation, stings and bites



Rooster Comb

Have **yellow** flowers; used to soothe pain in the joints



Wild Sage

Have **red** and **yellow** flowers and **purple** fruits; used to soothe itching on skin and chicken pox



Examples Indigenous Medicinal Plants

Lignum Vitae (Tree of Life)

Have purple to blue flowers;
used to strengthen the back



Cascarilla Bark

Have a brown rough trunk;
used to soothe indigestion & stomach aches



Sea Grapes

Green with dark purple and green fruits;
used to soothe an upset stomach



Examples Indigenous Medicinal Plants

Cerasee

Have orange fruits with red seeds, it's a green vine;
used for colds, flus, to lower blood sugar



Aloe Vera

Green long stem with jelly like substance;
used to soothe burns, cuts, and hair growth



Strong Bark

Green with orange and yellow fruits;
used to soothe back aches

