Food and cooking

1 FOOD

a Match the words and photos.

Fish and seafood

- 1 crab /kræb/
- lobster /'lɒbstə/
- mussels /'mʌslz/
- prawns /prɔ:nz/
- salmon /'sæmən/
- squid /skwɪd/
- tuna /'tju:nə/

Meat

- beef /bi:f/
- chicken /'tʃɪkɪn/
- duck /dʌk/
- lamb /læm/
- pork /pɔ:k/

Fruit and vegetables

- aubergine /'əʊbəʒi:n/ (*AmE* eggplant)
- avocado /ˌævə'kɑ:dəʊ/
- beetroot /'bi:tru:t/
- cabbage /'kæbɪdʒ/
- cherries /'tʃeriz/
- courgette /kɔ:'ʒet/ (*AmE* zucchini)
- cucumber /'kju:kʌmbə/
- grapes /greɪps/
- green beans /gri:n 'bi:nz
- lemon /'lemən/
- mango /'mæŋgəʊ/
- melon /'melən/
- peach /pi:tʃ/
- pear /peə/
- raspberries /'rɑ:zbəriz/
- red pepper /red 'pepə/

2 COOKING

a Match the words and photos.

- baked /beɪkt/
- boiled /bɔɪld/
- 1 fried /fraɪd/
- grilled /grɪld/
- roast /rəʊst/
- steamed /sti:md/

3 PHRASAL VERBS

a Complete the phrasal verbs with a word from the list.

down on out (x2)

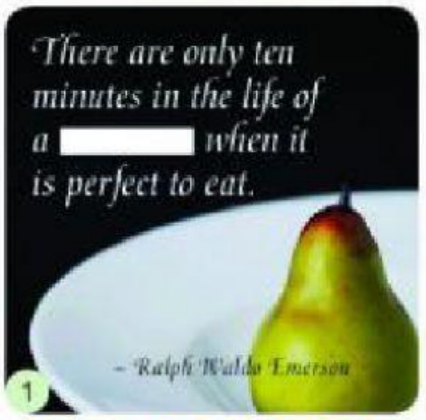
1 I **eat** _____ a lot because I often don't have time to cook. Luckily, there are lots of good restaurants near where I live.

2 I'm trying to **cut** _____ _____ coffee at the moment. I'm only having one cup at breakfast.

3 The doctor told me that I should completely **cut** _____ all cheese and dairy products from my diet.

Look at some quotes about food from Pinterest. Complete the gaps with a word or phrase from the list.

cake cookie fruit salad onions pasta pear tomato



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