5TH GRADE - SCIENCE

FOOD AND HEALTH

INTERACTIVE WORKSHEET 03

I. Choose the correct Answer.



Vitamin C deficiency



Vitamin D deficiency



Protein deficiency



Iodine deficiency

II. Choose the correct option.

Communicable diseases | Vaccination | Macronutrients

Micronutrients | Roughage | Non-communicable disease

1. Nutrients required in large quantities in our daily diet.
2. Nutrients required in small quantities in our daily diet.
3. The undigested portion of the plant food that adds bulk to our diet.
4. A disease that can be passed on from an infected person to a healthy person.
5. A disease that is not passed on from an infected person to a healthy person.
6. The process of using vaccines for the prevention of diseases.

GALAXY ESCHOOL

LIVEWORKSHEETS