

5TH GRADE - SCIENCE

FOOD AND HEALTH

INTERACTIVE WORKSHEET 02

I. Choose the correct Answer.



Sources of



Sources of



Sources of



Sources of

II. Choose the correct answer

Vitamins

Undigested

Protein

five

1. Milk and milk products are rich in .
2. protect our body from diseases.
3. Roughage is the portion of the plant food.
4. We should eat portions of fruits and vegetables every day.

GALAXY

ESCHOOL



LIVEWORKSHEETS