

2ND GRADE - SCIENCE

BONES & MUSCLES

INTERACTIVE WORKSHEET 04

I. Choose the correct answer

exercise

straight

bones

strong

soft

1. The hard parts of the body are called .
2. The parts below the skin are called muscles.
3. Bones and muscles become strong if we regularly.
4. Eating healthy food makes bones and muscles .
5. You should keep your back while walking.

II. State whether the following statements are true(T) or false (F)

1. Our body has a framework of bones called muscles. ☐
2. Exercise makes our body healthy and strong. ☐
3. Heavy food is not important for strong bones and muscles. ☐
4. We should always sit with our back straight. ☐

GALAXY

ESCHOOL



LIVEWORKSHEETS