

2ND GRADE - SCIENCE

BONES & MUSCLES

INTERACTIVE WORKSHEET 03

I. Choose the correct answer

Strong

Muscles

Bones

Posture

Skeleton

Body

1. Our is made up of bones and muscles.
2. give shape and support to our body.
3. forms the framework of the body.
4. are attached to the bones and give shape to the body.
5. Regular exercise and eating healthy food make our bones and muscles .
6. is the position of our body while sitting, standing or walking.

II. Match the following.

Column A

- (a) Knee and elbow
- (b) Muscles
- (c) Straigh back
- (d) Exercise
- (e) Skeleton

Column B

- (1) Framework of bones
- (2) Strong bones and muscles
- (3) Joints
- (4) Soft
- (5) Good posture

GALAXY

ESCHOOL



LIVEWORKSHEETS