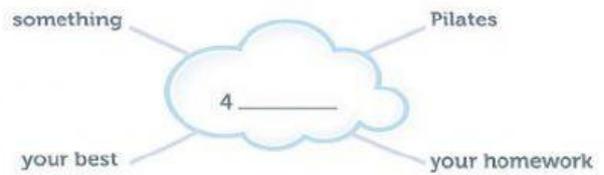
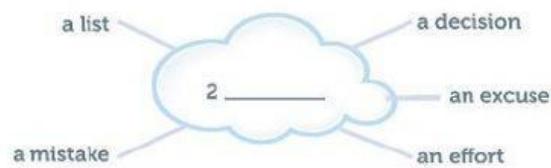
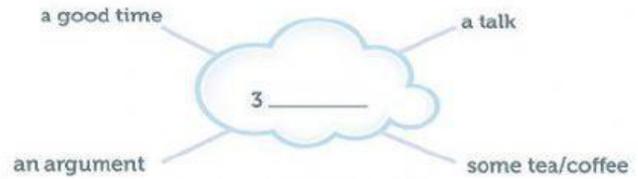
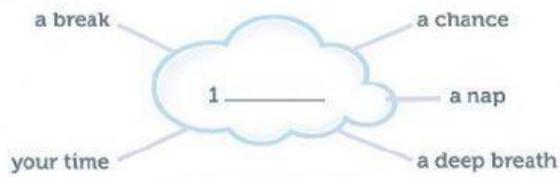


UNIT 5 B

VOCABULARY AND LISTENING

5.5 Complete the diagrams with *do*, *make*, *have*, or *take*. Listen and check.



Complete the sentences with the correct form of the verbs *do*, *make*, *have*, or *take*.

- 1 I _____ a bad argument with my parents last night.
- 2 Alvin always finishes his work late and _____ an excuse.
- 3 If you want to make good sushi, you have to _____ your time.
- 4 Don't _____ any mistakes or you'll have to start over.
- 5 To relax, she _____ Pilates every day after work.
- 6 We _____ a great time when we went to California.
- 7 Lisa _____ her best, but she failed the exam.
- 8 I don't have a reservation, but I'm going to _____ a chance and go.

5 A 5.7 Watch or listen to the second part of the show. Match the names of the speakers with the tips for dealing with stress.

- 1 running _____ 2 speaking to family _____ 3 doing yoga _____



B  5.7 Watch or listen again. Are the sentences true (T) or false (F)?

- 1 Taylor helps people who suffer from stress. _____
- 2 She thinks complaining about stress can help. _____
- 3 Edward's boss makes him feel stressed at work. _____
- 4 He listens to music while he's running. _____
- 5 Maurice had a stressful job. _____
- 6 He uses his phone to deal with stress. _____