

supposed to be	shameful	incapable	coasting	ashamed of
keeping a lot hidden	retirement	pathetic	have a grip on the basics	crippling debt
a college graduate	tends to	working two jobs	sober	

“I just feel like I should be doing better. I’m nowhere near
 I’m.....: I’m a licensed tour guide, and I make videos
 for businesses. But I’m it. Because I’m sixty-five years old, I’m
, and I’m done by now. I’m
 supposed to be But I’m not even close. I feel like I still don’t even
: how to make a living, how to keep
 my house in order, how to take care of myself. And it feels I
 feel not grown up. Like I should have learned all of this so long ago. And I’m
 afraid people will think it’s Worse than that. They’ll think I’m
 So I’ve been I’m luckier
 than 99 percent of people. I’ve been for 39 years. I have the
 greatest wife of 32 years. I don’t have any I’m doing OK.
 I shouldn’t have to hide my situation. And being more open has helped. Because
 once I start telling people, and I see they’re not judging me, and that they’re still
 loving me—the shame disappear.”

