

Unit 11: Food for our body

Listening Practice 2 (p.45)

Listen to the dialog and fill in the blanks. (CD1 Track 43)

1. Kelly eats _____ and chicken every day. She should eat less _____.
2. Mike eats _____ bars every day. He should eat less _____.
3. Josh loves eating _____ and _____. He should eat more _____, meat and dairy products.
4. David drinks _____ only once a week. He should try to drink more _____ products.

Listening Practice 3 (p.46)

Listen to the dialog and fill in the blanks. (CD1 Track 44)

On Monday, Kelly ate _____, fish and pumpkin soup. On Tuesday, she ate _____ with rice, _____ and a pear. On Wednesday, she ate _____ pasta, some corn and mushroom _____. On Thursday, she ate fried chicken, a cup of _____, and bananas. On Friday, she had a bacon _____, potato chips and _____.

Listening Practice 4 (p.46)

Listen to the dialog and fill in the blanks. (CD1 Track 45)

Jake: Are you _____ chocolate cake again, Matthew?

Matthew: It is _____! Do you want some?

Jake: Matthew! You should _____ eating _____ for today. You had three pieces already. It's not _____ for your body.

Matthew: You're right. I should stop eating chocolate and move on to nuts.

Do you want some _____?

Jake: No thanks! I'll just have my _____. You should try to eat _____ for a snack. It's _____ for your body.