

- 6 ▶ 41 Listen again and complete the sentences with these adverbs of frequency.

always  
often

never  
sometimes

rarely  
usually

- 1 Norbert's photos are \_\_\_\_\_ in *National Geographic* magazine.
- 2 He goes to the Arctic once a year and he \_\_\_\_\_ goes in the summer.
- 3 He's \_\_\_\_\_ there for a few weeks.
- 4 He \_\_\_\_\_ goes by snowmobile and by boat.
- 5 He \_\_\_\_\_ sleeps at night, so he sleeps for part of the day.
- 6 He's \_\_\_\_\_ bored.

- 8 Look at the grammar box. Complete the scale with *usually*, *often*, and *sometimes*.

▶ ADVERBS OF FREQUENCY

100% ← ————— → 0%  
always 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ never

*I sometimes go swimming on the weekend.*

*I often watch TV.*

*I usually play video games in the evening.*

For more information and practice, see page 164.

- 9 Add an adverb of frequency to the sentences so they are true for you. Then work in pairs and tell your partner.

1 I work eight hours a day.

\_\_\_\_\_

2 I'm late for school.

\_\_\_\_\_

3 I have a long lunch break.

\_\_\_\_\_

4 I leave home early in the morning.

\_\_\_\_\_

5 I travel to other countries for my vacations.

\_\_\_\_\_

6 I play video games late at night.

\_\_\_\_\_