

6 ► 41 Listen again and complete the sentences with these adverbs of frequency.

| | | |
|--------|-----------|---------|
| always | never | rarely |
| often | sometimes | usually |

- 1 Norbert's photos are _____ in *National Geographic* magazine.
- 2 He goes to the Arctic once a year and he _____ goes in the summer.
- 3 He's _____ there for a few weeks.
- 4 He _____ goes by snowmobile and by boat.
- 5 He _____ sleeps at night, so he sleeps for part of the day.
- 6 He's _____ bored.

8 Look at the grammar box. Complete the scale with *usually*, *often*, and *sometimes*.

► ADVERBS OF FREQUENCY

100% ← → 0%
always 1 _____ 2 _____ 3 _____ never

I sometimes go swimming on the weekend.

I often watch TV.

I usually play video games in the evening.

For more information and practice, see page 164.

9 Add an adverb of frequency to the sentences so they are true for you. Then work in pairs and tell your partner.

- 1 I work eight hours a day.

- 2 I'm late for school.

- 3 I have a long lunch break.

- 4 I leave home early in the morning.

- 5 I travel to other countries for my vacations.

- 6 I play video games late at night.