

LIFE SKILLS ICT LITERACY

BEING CAREFUL ON THE INTERNET



LIFE SKILLS

Being careful on the internet

We can use the internet and be safe. Look at these safety tips:

- Don't tell people your name, address or phone number.
- Remember there are age limits when you use social media sites.
- Ask adults for help.

1 Read, think and answer. Discuss with your partner.

- 1 How often do you use a computer each week?
- 2 Where do you use computers?
- 3 Do you use a phone every day?
- 4 Do you send messages? Who to?
- 5 How often do you look at websites each week?

2 What do you think? Do this internet quiz. Answer a or b.



105

1

I often use the internet. Is it a good idea to write my real name?

- a Yes, it is. You can write your name and age.
- b No, it isn't. Don't write your name, address or phone number.

5

I've got lots of photos of me and my friends. Is it a good idea to put these photos online?

- a Yes, it is. Everyone likes looking at photos.
- b No, it isn't. Put photos online and lots of people can see them. So, always ask your parents first. Before you put photos of other people online, ask them.

BE SAFE!

Do you use a computer?
Are you safe on the internet?
Do this quiz and see.

2

I've got a new 'friend' on the internet. Is it a good idea to meet this person?

- a Yes, it is. Meet this person in a café or at their home.
- b Never. You don't really know this person. Be safe. Don't meet someone you don't know.

4

I like surfing the internet. Are all websites good for me?

- a Yes, they are. All websites are good for young people.
- b No, they aren't. Some websites are not good for young people. Ask your teacher or parents. They can help you find good websites.

3

I'm 12 years old. Can I join social media sites?

- a Yes, you can. You can join all social media sites when you are 10.
- b No, you can't. You can join most social media sites when you are 13.

3 Listen and read the answers at the bottom of the quiz and answer.

- Are your answers in Exercise 2 correct? How many?
- Are you safe on the internet?

4 Now choose the correct words to complete the sentences.

- It *is / isn't* a good idea to use your name on the internet.
- Always / Never* meet people you 'know' on the internet.
- There *are / aren't* age limits on social media sites.
- All websites *are / aren't* good for young people.
- It's a *good / bad* idea to put photos of you and your friends on the internet.

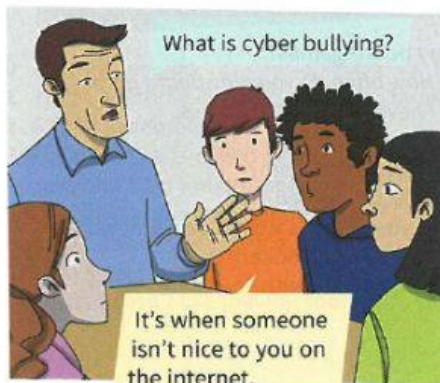
5 Look at the quiz again. Find and match the verbs 1-5 to the words a-e.

- | | |
|--------|----------------------|
| 1 use | a safe |
| 2 be | b the internet |
| 3 join | c the internet |
| 4 surf | d photos online |
| 5 put | e social media sites |

6 Use the phrases in Exercise 5 and complete the sentences.

- Be careful and _____ on the internet!
- When you _____, lots of people can see them.
- _____ on your computer. It can help you do your homework.
- You can _____ when you are 13 years old.
- _____ to find information about your hobbies and learn new things.

7 Listen and read the cartoon. Is cyber bullying good or bad?



8 Listen to a talk on cyber bullying. Then complete the sentence with a, b or c.

When someone isn't nice to you on the internet, speak to _____.

9 Listen again. Match the questions to the answers.

1 How can someone be bad to you on the internet?

a You can show the emails to an adult.

2 What can you do about it?

b When another person needs help, you can tell an adult.

3 What can we all do to stop cyber bullying?

c They can put bad emails or photos of you online.

TALKING POINTS

Do people feel good or bad when they get horrible emails or text messages? What do you and your friends think about cyber bullying?

10 Complete the table.

USEFUL LANGUAGE

DOs

show bad emails to your parents
talk to an adult

DON'Ts

answer bad messages
put photos online

PROJECT

A poster

With a partner, make a *Be safe on the internet* poster. Write the headings *dos* and *don'ts*, and put your ideas under them.

Write ideas for:

- what you do
- what you don't do
- who you ask for help

Find pictures on the internet and illustrate your ideas.

Talk to the class about your poster. Then display your poster in your school's computer room or in your class.