

LISTENING: Listening for the main idea



1 **1.2** Listen to Daniel and Laura's conversation. Are the sentences about Daniel true (T) or false (F)?

- 1 He wants to stop using his mobile phone for a few weeks. _____
- 2 He wants to use his free time differently. _____
- 3 He wants to spend less time with other people. _____
- 4 He goes to the cinema a lot. _____
- 5 He wants to go out more. _____
- 6 He doesn't want to spend any time in the kitchen. _____

2 **1.2** Complete the sentences with the correct contractions then listen again and check.

- 1 So, Daniel, I hear you _____ using your phone this month.
- 2 At least, when _____ not at work.
- 3 I realized that I _____ actually do anything these days.
- 4 We never go out together these days. I mean, _____ crazy.
- 5 I _____ live my life like this!
- 6 I watch films at home on my laptop instead. It _____ good.
- 7 Oh, and my _____ staying with me at the moment.
- 8 _____ really good at baking.

3 Complete the sentences with the verbs in the box. There are two extra verbs.

keep collect play go on shop
bake do go out spend meet up with

- 1 He wants to _____ more time with his family.
- 2 She goes running three times a week to _____ fit.
- 3 Do you often _____ your friends after work?
- 4 Some of the kids _____ chess at lunchtime.
- 5 In our spare time we like to _____ cakes.
- 6 Do your parents _____ much exercise?
- 7 I don't _____ social media much.
- 8 They don't go to the supermarket. They prefer to _____ online.

