

Centro Escolar "Dr. Darío González"
San Vicente, San Vicente

Student's name: _____

Date: ____/____/____

Score: ____/10

Objective: Students will be able to identify the main ideas of a conversation on healthy lifestyles.

Instructions: Listen to the conversation twice. Then, select the correct answer for each question.



1. What does the man want to do?

- a. Join a football team.
- b. Join the company's basketball team.
- c. Organize a basketball team.

2. Why is it not a good idea for him to do what he plans?

- a. Because he is not good at playing basketball.
- b. Because he is out of practice.
- c. Because he is out of shape.

3. What does his wife suggest the man to do?

- a. He should abandon the idea of joining the team.
- b. He should start having a healthier lifestyle.
- c. He should think of joining another team.

4. Why does the woman recommend her husband to go cycling?

- a. Because it strengthens the cardiovascular system.
- b. Because it strengthens the brain.
- c. Because it strengthens the respiratory system.

5. What is the last recommendation of the woman?

- a. He should hire a personal trainer.
- b. He should go to bed early.
- c. He should eat more vegetables.