

Present Perfect Continuous



We use the present perfect continuous to talk about repeated activities which started at a particular time in the past and are still continuing up until now.

Affirmative

Subject + has / have + been + V.ing.

Negative

Subject + has / have + not + been + V.ing.

Question

Has / Have + Subject + been + V.ing?



What have you been dreaming about lately?

I have been dreaming about a youtuber.



Exercise 1: Complete the sentence using present perfect continuous.

1. It _____ (rain) for several days.
2. We _____ (make) Tiktok videos all day.
3. I'm sorry I'm late _____ you _____ (wait) a long time?
4. She _____ (think) about quitting her job.
5. Tracy and Tony _____
_____ (play) soccer for an hour.

Present Perfect Continuous

Exercise 2: Choose the best answer.

1. I'm tired because I _____ been working out.
a. has b. have c. had d. am
2. We have been watching TV _____ we had dinner.
a. by b. for c. since d. because
3. My brother has been travelling _____ two months.
a. by b. for c. since d. because
4. Why hasn't Joe _____ to rehearsals recently?
a. been come b. been coming c. is coming d. comes
5. Her eyes are red and puffy. It seems she _____.
a. has been cried b. cried
c. have been crying d. has been crying
6. Your phone _____ for a minute. Why don't you reply?
a. has ringing b. have been ring
c. has been ringing d. hasn't rung
7. What _____ since morning?
a. been come b. have you been doing
c. are you doing d. you have been done
8. Daisy and her husband _____ Dennis for fifteen years.
a. am knowing b. have known
c. was knowing d. have been knowing
9. His playing has improved because he _____ all month.
a. practiced b. will have practiced
c. had practiced d. has been practicing
10. Don't come before seven. I _____ my homework
a. haven't been finishing
b. hadn't been finished
c. won't have finished
d. hasn't been finishing



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