

# Change your Everyday Routine

*Answer the questions. Choose the correct answer:*

**1. What is the speaker's opinion on the template of life that society imposes on people?**

- a) It is great and should be followed strictly
- b) It is terrible and restricts people's lives
- c) It is necessary for success
- d) It is irrelevant to the speaker's life

**2. When do people start being subjected to the template of life?**

- a) After they graduate from college
- b) Before they are born
- c) When they start their first job
- d) When they turn 18 years old

**3. Who does the speaker blame for imposing the template of life on people?**

- a) Parents
- b) Teachers
- c) Society
- d) Students

**4. How did the speaker's parents feel about the template of life?**

- a) They were strict followers of it
- b) They didn't care about it
- c) They thought it was important but not the only way to live
- d) They were against it

**5. What caused the speaker to adapt to the structured way of thinking?**

- a) Spending time with society
- b) Watching TV shows
- c) Reading books
- d) Playing video games

**6. What was the speaker afraid of when he was in college?**

- a) Not getting good grades
- b) Not making friends
- c) Not finding a job
- d) Not having fun

**7. Why did the speaker shun bad grades?**

- a) Because he didn't care about his education
- b) Because he was afraid of not living up to the template of life
- c) Because he wanted to rebel against society
- d) Because he was lazy

**8. What was the lowest point in the speaker's life?**

- a) When he failed a quiz
- b) When he got a bad report card
- c) When he was rejected from a college
- d) When his math teacher gave him advice

**9. What was the advice that the speaker's math teacher gave him?**

- a) To stop fearing failure
- b) To work harder
- c) To drop out of school
- d) To follow the template of life

**10. What was the speaker's reaction to the advice given by his math teacher?**

- a) He ignored it
- b) He was inspired by it
- c) He was angry about it
- d) He didn't understand it

**Mark the statement as true (T) or false (F):**

1. The speaker graduated from Harvard with a 4.0 GPA.
2. The speaker thinks that following a structured way of thinking is great.
3. Parents have certain expectations for their children before they are born.
4. The speaker's parents were very strict about academic achievement.
5. The speaker adapted to a structured way of thinking because of his parents.
6. The speaker was afraid of doing badly on tests and quizzes.
7. The speaker enjoyed his life while he was in school.
8. The speaker was happy with a 92% grade in English.
9. The speaker's math teacher advised him to embrace failure.
10. The speaker never experienced a low point in his life before this incident.