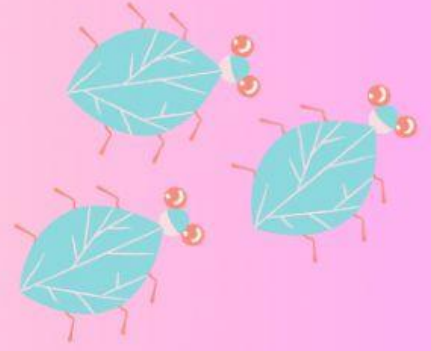


# SHOULD WE EAT BUGS? - EMMA BRYCE



Watch the video and answer the questions below. Happy learning!

## 1 . Why did people eat bugs in the past?

- a) Because they were easily available
- b) Because they were considered luxury snacks
- c) Because they were part of the dietary tradition
- d) Because they were used as a remedy for diseases

## 2. Why did people stop eating bugs over time?

- a) Bugs became scarce in the wild
- b) Bugs were considered pests that destroyed crops
- c) People developed an aversion to bugs
- d) Bugs became too expensive to eat

## 3. What is entomophagy?

- a) The fear of insects
- b) The practice of eating bugs
- c) The study of insects
- d) The process of farming insects



**4. Which region has the keenest consumers of bugs?**

- a) Europe
- b) Southeast Asia
- c) Africa
- d) Mexico

**5. How can bugs be consumed as food?**

- a) Ground into flour and added to food
- b) Eaten whole as a meal
- c) Turned into paste and spread on bread
- d) Mixed with fruits to make smoothies

**6. What nutritional benefits do bugs offer?**

- a) High protein content and essential minerals
- b) High sugar content and antioxidants
- c) High fiber content and vitamins
- d) High fat content and carbohydrates

**7. Why is farming insects for food considered more environmentally friendly?**

- a) Insects emit fewer greenhouse gases than livestock
- b) Insects require less water and food than livestock
- c) Insects take up less space than livestock farms
- d) All of the above

**8. How can bug production benefit developing countries?**

- a) It can create small-scale and affordable farming opportunities
- b) It can reduce the cost of livestock production
- c) It can provide employment opportunities for farmers
- d) It can increase the export potential of the country

**9. What is a common reason people hesitate to eat bugs?**

- a) Bugs have a bad taste
- b) Bugs are difficult to cook
- c) Bugs have an unpleasant appearance
- d) Bugs are too expensive to buy

**10. What comparison is made between lobsters and bugs?**

- a) Both are considered repulsive foods
- b) Both are high in protein content
- c) Both have a similar taste and texture
- d) Both underwent a shift in perception as food

