

TEST 1 (UNIT 1, 2 REVIEW)

GOOD LUCK 

EX1: Choose the word whose underlined part is pronounced differently from the others

1	pot <u>te</u> ry	flow <u>e</u> r	sil <u>e</u> nt	se <u>r</u> vice
2	laugh <u>h</u>	cough <u>h</u>	bought <u>h</u>	tough <u>h</u>
3	earache	eat	beat	meat
4	stomach <u>a</u> che	head <u>a</u> che	beach	back <u>a</u> che
5	game	gym	girl	<u>b</u> ag

EX2: Choose the correct answer (A, B, C or D)

1. Don't sit too close to the screen ____.

- A. or you will hurt your eyes
- B. so you can see more clearly
- C. you will get a headache
- D. but it's bad for your health

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**

2. I usually spend 30 minutes ____ models every day.

- A. make
- B. to make
- C. making
- D. to making

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**

3. Watching too much television is not good ____ your eyes.


- A. with
- B. to
- C. at
- D. for

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**

4. When you have a fever, you should drink more water and rest ____.


- A. most
- B. more
- C. less

D. fewer

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**


5. Using earphones too much can cause ____.

- A. stomachache
- B. earache
- C. backache
- D. sore throat

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**


6. My father can make beautiful pieces of art _____ empty eggshells.

- A. for
- B. from
- C. to
- D. of

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**

7. Be careful! These glasses are very ____.

- A. strong
- B. fragile
- C. noisy
- D. tall

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**

8. Eat ____ meat but don't eat too much.

- A. less
- B. fewer
- C. more
- D. many

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**


9. My little brother finds it ____ to carve eggshells.

- A. difficult
- B. difficultly
- C. different
- D. differently

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**

10. It is not pleasant _____ a sore throat.

- A. have
- B. to have
- C. having
- D. to having

 **Write your correct answer here in CAPITAL LETTERS (A, B, C or D):**

EX3: Complete the sentences using correct verb form

 **Remember to write your answers in lower case (chữ viết thường)**

1. My father (be) _____ a doctor and he works in a hospital.
2. I like weaving but my brothers (not like) _____ it.
3. Lan fancies (make) _____ new models in her free time.
4. My brother (not like) _____ that trouser so he never wears it.
5. Ms Thuy (plant) _____ some trees tomorrow.
6. How much time _____ your aunt (spend) _____ on driving to work every day? - She always (spend) _____ 2 hours driving to work.
7. Sometimes a rainbow (appear) _____ after the rain.
8. The school bus (leave) _____ at 6 am tomorrow.
9. Why _____ Nam (wash) _____ his face twice a day? - Because he (want) _____ to prevent spots.
10. I am always interested in (carve) _____ eggshells.

EX4: Find the mistakes in these sentences

1. Laughing is good with our health.
A B C D
2. Sitting close to the laptop's screen hurt your eyes.
A B C D
3. I feel tiring after a hard day's work.
A B C D
4. My daughter ate too much candies, so she had a toothache.
A B C D
5. I have a allergy to the weather.
A B C D

EX5: Fill the blank with and/or/but/so

 **Remember to write your answers in lower case (chữ viết thường)**

1. Rob eats a lot of fast food _____ he puts on a lot of weight.
2. Finish your homework _____ you will be punished by your teacher.
3. I want to buy a new car, _____ I don't have enough money.
4. My mother is playing badminton _____ my father is playing board games.
5. My whole family has the flu, _____ we decide not to visit anywhere this summer.

EX6: Choose the most suitable word

Breakfast is the (1) _____ important meal of the day. It provides the nutrients your body needs for good health, the calories it needs for (2) _____ and helps to maintain your blood sugar level. Studies have shown that people who don't have breakfast have a low blood sugar level and are often slow, tired, hungry and (3) _____ to concentrate. Surprisingly, breakfast actually plays a part in weight control. It's easier to (4) _____ weight if you eat in the morning rather than later in the day. Dividing the day's calories (5) _____ three meals helps take off weight more efficiently than (6) _____ breakfast and having two larger meals a day does.

1	healthy	tasty	main	most
2	strength	power	energy	effort
3	able	enable	unable	capable
4	lose	put	gain	drop
5	in	into	up	for
6	skipping	making	buying	serving

EX7: Choose the correct option

1. Your eyes look very tired. Let your eyes rest *more / less* and watch *more / less* TV.
2. If you want to stay in shape, eat *more / less* healthy food like fruits, vegetables or fish.
3. Drink *more / less* water when you have a high fever.
4. If you want to lose weight, eat *more / less* junk food.
5. Sunbathe *more / less* to avoid getting sunburnt.
6. The popular thing to lose weight is "eat *more / less* and exercise *more / less*".
7. Stay outdoors and do *more / less* physical activities. You will be more healthy.
8. Spend *more / less* time in front of screens, such as the phone, TV or computer.

EX8: Read the text carefully then choose the correct answers

Maintaining a healthy body is not that easy and not so difficult also. Most important tip for a healthy body is to have healthy food and eat them at proper time. Avoid eating junk food. Your diet should contain food which has more nutrients. Try to include vegetables, fruits, milk, and fish in your daily diet. Make sure you are having your breakfast regularly. Skipping your breakfast regularly will definitely affect your health. Make sure you drink more amount of water daily. Regular exercise will also keep your body in good health. You can go for running, do cycling, walking faster etc. Apart from these always try to manage your stress. By controlling your stress you can maintain a healthy body. Your body should get enough time to take rest. Make sure you get a sleep of 8 hours daily. Sleep is very important for healthy body and also for mental and emotional happiness.

1. To have a healthy body, you should _____.
a. eat junk food b. put on weight
c. have a healthy diet d. not consume nutrients
2. Skipping breakfast is _____ for your health.
a. good b. bad c. necessary d. important
3. Which of the followings is not keep your body in good health?
a. smoking b. cycling c. running d. jogging
4. Managing stress can help people _____.
a. have a good body b. live longer c. sleep enough time d. stay healthy
5. Which of the followings is NOT true?
a. It's difficult to maintain a healthy body.
b. Water is important for your health.
c. Getting enough sleep can make you happier.
d. Eating healthy and exercising are tips to stay healthy.