UNIT 2 – HEALTH
(SỨC KHỎE)



TỪ VỰNG 1 ● Unit 2 ▶ Health

1.	**wake – woke – waken**	v	Thức giấc
2.	**count sb out**	v	Trừ ai đó ra
3.	**sound down**	v	Nghe có vẻ buồn, mệt
4.	**junk food**	n	Đồ ăn vặt
5.	**(have) flu**	n	(Bị) cúm
6.	**get sunburnt** **=have sunburn**	v	Bị cháy nắng
7.	**take no for an answer**	v	Câu trả lời là không
8.	**accept sth** **acceptance** **acceptable # unacceptable**	v n adj	Chấp nhận (cái gì đó) Sự chấp nhận Có thể chấp nhận được
9.	**lose weight # put on weight**	v	Sụt cân # Tăng cân
10.	**have an allergy to sth** **be allergic to sth**	n	Dị ứng với cgđ







Điền vào chỗ trống với từ thích hợp để hoàn thành câu

1. I have a(n) _____ to seafood. My skin appears lots of red spots whenever I eat shrimps, crabs or mussels.
2. Please _____me _____. I just want to sleep on Sunday.
3. Your voice _____. Are you sick?
4. Wear jackets and caps when going outside if you don't want to _____.
5. You should go on diets to keep a good shape. You should do more exercise to _____.
6. Today's weather is perfect for swimming. I will _____ for an answer if you refuse. I'll be there soon. See you there!
7. Young teenagers should take up good habits of eating good and healthy food, don't eat much _____ which can cause obesity and high-blood pressure.
8. Mom, please _____me _____ early tomorrow because I have an important test. Thank mom in advance!
9. Please confirm your _____ of this offer in writing.
10. Staying healthy and keeping fit are good ways for us to avoid getting _____ in the winter.
11. Do you _____ his invitation to go to the movie tonight?
12. It is not _____ to lie on the couch and watch TV all the time if you want to lose weight. Get out of the sofa, exercise and activate your body more often.
13. He is _____ to cats. He keeps sneezing when touching them.
14. **A:** You are getting fatter. – **B:** Yeap, I keep eating all the time without exercising regularly, so I am putting _____.
15. If you don't want to have _____, wear a coat when going out. It's really hot at this time of the year.

LIVEWORKSHEETS

TỪ VỰNG 2 ● Unit 2 – Health

1. rank sth	v	Xếp hạng cái gì đó
2. advise (sb to do sth)	v	Khuyên ai đó làm cái gì đó
3. (a piece of) advice	n	Một lời khuyên
4. cough	v. n	Ho
5. headache	n	Nhức đầu
6. sore throat	n	Bị đau họng
7. temperature	n	Bị sốt
8. stomachache	n	Đau bao tử, Đau bụng
9. earache	n	Nhức tai
10. weak # strong	adj	Yếu ớt # mạnh mẽ







Điền vào chỗ trống với từ thích hợp để hoàn thành câu

1. I went to the doctor to check my ear because I had a(n) _____ yesterday.
2. He has _____ and coughed all day. I think he has flu.
3. I touched my hand on his forehead and found that he was very hot. He had _____. I asked his parents to take him to hospital immediately.
4. I couldn't eat anything because of my _____. It was terrible.
5. Peter _____ all night and I couldn't sleep at all.
6. Working out at the gym and jogging every morning can help build up _____ muscles and stay in a good shape. Try more!
7. I couldn't move my arm. I felt very _____.
8. Last night, she drank a lot of beer. When she got up this morning, she recognized that she had a _____.
9. This is a good piece of _____ that I have ever heard.
10. _____ the problems from the most common to the least common.
11. My doctor _____ me to eat more sensibly, get up early in the morning and follow a suitable diet to lose weight.

Điền vào chỗ trống với một từ thích hợp

Hi everyone! I am Lee, a family doctor. This is some of my _____ **(12)** of advice if you want to stay _____ **(13)** and fit to study well and live happily. First of all, keep your ears clean to avoid _____ **(14)**. Take a raincoat with you in this season if you don't want to get _____ **(15)** when getting wet in the rain. Don't eat too full at night. If you keep doing this, you will get _____ **(16)** soon. When you _____ **(17)** several days **in a row**[1], use a small cup of ginger and you can see the magic. Don't forget to do more exercise, play more sports, and eat sensibly to be _____ **(18).**

Thanks for your concerns! See you next time! Have a great weekend!

[1] **in a row** (phr) – liên tiếp

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LIVEWORKSHEETS