

Listen to the recording and fill in with the missing words.

Doctor: Good morning, Tim! How are you _____ today?

Tim: Hi, Doctor. I've been feeling really _____ lately, and I've been drinking a lot of _____. I also need to go to the _____ more often than usual.

Doctor: I see. Those are important things to mention. When did you start feeling tired, and how long have you been experiencing these _____?

Tim: It's been about a few weeks now. At first, I thought I was just tired from school, but it hasn't gone away. And the _____ thirst and frequent bathroom visits started around the same time.

Doctor: Thank you for sharing that, Tim. It's essential to pay attention to these changes in your body. Sometimes, these symptoms can be signs of _____. Have you noticed anything else that feels different or unusual?

Tim: Well, I've lost some _____ recently, even though I've been _____ normally. And sometimes I feel really _____, even right after I eat.

Doctor: Those are additional signs that can help us understand what's going on. Weight loss despite a _____ appetite and persistent _____ are also associated with diabetes. It's important not to worry, but we should definitely _____ further.

What are the common symptoms of Type 1 diabetes mentioned by Tim?

(More than one answer is allowed)

- | | |
|---|---|
| ☐ Fatigue | ☐ Muscle weakness |
| ☐ Headaches | ☐ Persistent hunger |
| ☐ Dizziness | ☐ Frequent urination |
| ☐ Joint pain | ☐ Nausea |
| ☐ Increased thirst | ☐ Weight loss |

What are other symptoms of diabetes type 1? (More than one answer is allowed)

- | | |
|--|---|
| ☐ Nausea | ☐ Dizziness |
| ☐ Muscle weakness | ☐ Joint pain |
| ☐ Blurry vision | ☐ Slow healing of cuts and sores |
| ☐ Headaches | ☐ Shortness of breath |

Which of the following is a characteristic feature of Type 1 diabetes?

- ☐ Insulin resistance
- ☐ Excessive production of insulin
- ☐ Insufficient production of insulin

What is the primary cause of Type 1 diabetes?

- ☐ Sedentary lifestyle
- ☐ Genetic factors
- ☐ Obesity

How is Type 1 diabetes typically managed?

- ☐ Oral medications
- ☐ Lifestyle modifications only
- ☐ Insulin therapy