Fill out the gaps

1. And after a ..... of studying, you both feel confident that you pulled it off.

2. However, your friend doesn't seem too ....., and it's making you wonder why you can't shake this off like they can.

3. Psychologists use this tool to .....where and how to intervene in the process that forms our emotions.

4. Your first strategy could be avoiding the situation altogether by skipping the .....

5. That answer depends on how you ..... what makes a mood good.

6. We hear a lot of mixed ..... about emotions.

7. But in reality, each person has to find their own .....

LIVEWORKSHEETS