

UNIT 4 TEST: KEEPING HEALTHY

Read and choose the correct answer.

1. What's health?

- a) Health is when our body functions correctly.
- b) Health is a state of complete physical, mental and social wellbeing.
- c) Health is when you feel mentally good.

2. The Spanish public health system offers different health services:

- a) Primary care, hospital care and emergency care services.
- b) Primary care and emergency care services.
- c) Secondary care, hospital care and emergency care services

3. Which type of disease can spread?

- a) Non infectious
- b) Infectious
- c) Non infectious and infectious.

4. Which of these are non infectious diseases?

- a) Flu, coronavirus and pneumonia.
- b) Fungi, contaminated food and ageing.
- c) Cancer, accidents and allergies.

5. The stages of infectious disease include...

- a) the infection, the tiredness and the convalescence.
- b) the infection, the symptoms and the convalescence.
- c) the symptoms, the signs and the convalescence.

6. Some medicines, like ..., cure bacterial infections.

- a) blood tests
- b) laboratory tests
- c) antibiotics

7. What's the diagnosis of an illness?

- a) It's the medical procedure to alliviate, cure and prevent a disease.
- b) It's the identification of a disease and its cause in order to apply the appropriate treatment.
- c) It's the treatment we use to cure a disease.

8. Prepare the body to fight against certain infectious diseases.

- a) Painkillers
- b) Surgery
- c) Vaccines

9. To alleviate the symptoms of a disease, we use:

- a) Pain killers.
- b) Antibiotics.
- c) Surgery.
- d) Vaccines.

10. Fever or a stomachache are...

- a) Examples of symptoms of having a disease.
- b) Examples of diseases.
- c) Examples of germs.