READING AND GRAMMAR ACTIVITY

1. Quickly read the text and choose a suitable title

   - A worker's typical day
   - The life of a modern family
   - A special day

Let's meet Daniel Johnson's! He is a hardworking adult who follows a routine every day. Let's learn about his daily activities.

Mr. Johnson's day starts early in the morning. He_____(get) up at 6 o'clock. Then, he goes to the bathroom to brush his teeth, wash his face, and comb his hair. After that, he gets dressed in his work clothes.

At 6:30, Mr. Johnson _____(go) to the kitchen to have breakfast. He usually enjoys a cup of coffee and eats toast with jam. Breakfast _____(give) him energy for the day ahead.

After breakfast, Mr. Johnson grabs his briefcase and leaves for work. He takes the subway to his office, which is in the city center. His work _____ (start) at 8 o'clock.

In the office, Mr. Johnson _____ (have) many responsibilities. He attends meetings, answers emails, and works on important projects. He likes to stay organized and focused on his tasks.

At lunchtime, Mr. Johnson takes a break and goes to the nearby café to have lunch. He usually has a sandwich, a salad, and a bottle of water. Sometimes, he and his colleagues_____(meet) for a quick chat during lunch. After the lunch break, Daniel continues working until 4:45 in the evening.

When Mr. Johnson _____ (finish) work, he _____(go) back home. He takes the subway again and arrives home around 6 o'clock. He likes to relax by listening to music or reading a book.

For dinner, Daniel and his wife _____ (prepare) a meal. They_____(enjoy) a balanced dinner with vegetables, protein, and carbohydrates. After dinner, he cleans up the kitchen and takes a little time to relax.

Before going to bed, Mr. Johnson _____ (prepare) for the next day. He checks his schedule, sets his alarm clock, and makes sure everything is ready for the morning. He _____(go) to bed at 10:15 to get enough rest.

That's Mr. Daniel Johnson's daily routine! He follows his routine to stay organized, be productive at work, and enjoy quality time with his family. How about you? Is your routine similar to Daniel's?

LIVEWORKSHEETS

2. Read the text again and complete the gaps with the missing verbs.

3. Read the following sentences and write true or false.

   a. Mr. Johnson starts his day at half past six.
   b. He has a cup of tea and eats toast with jam for breakfast.
   c. Mr. Johnson takes the bus to work.
   d. He doesn't have lunch at home.
   e. Mr. Johnson finishes work at a quarter to five.
   f. Mr. Johnson checks his schedule before going to bed.
   g. He goes to bed at a quarter past ten.

Vocabulary

4. Look at the highlighted expressions in the text and write them under the correct picture.

LIVEWORKSHEETS