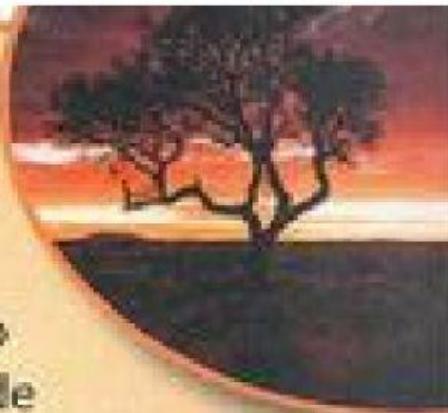


(9) NO PAIN, NO GAIN

ACTIVITY 1: Read the true story about Jason, a man who got lost in his own back garden in Australia.

One evening, an Australian man called Jason was in front of the TV in his living room when he noticed something in his garden. His dog began to act strangely, so he went outside to investigate. There he saw an animal – possibly a dingo, a wild dog in Australia. As he walked further down the garden, it got darker and darker. Soon, he didn't know where he was, and he was covered in insect bites. In a panic, he phoned emergency services. When the police arrived, they found him at the end of his garden. Jason admits he felt very stupid.



READING OUT LOUD _____

Answer the questions:

1. What was he doing when he noticed something in his garden?

2. What did his dog do?

3. What is a dingo?

4. Why was he in a panic?

5. How did he feel?

ACTIVITY 2: Past Continuous.

- a) The Past Continuous describes
a continuous action in the past / an action happening now.
- b) We form the Past Continuous with the **past / present** form of the verb *be* and a verb + -ing.

ACTIVITY 3: Complete the sentences with the past continuous forms of the verbs below. There is one extra verb.

**climb die explore have investigate
not go not search for read try**

1. In 1975, Japanese explorer Junko Tabei was climbing Mount Everest. But, after an avalanche, the journey wasn't going well. Luckily, she reached the summit on 16th May.
2. This time last year, I _____ the beautiful city of Paris. And I _____ a fantastic time.
3. Last night, you _____ that book about Sir Edmund Hillary's ascent of Mount Everest. Was it good?
4. Scott _____ to reach the South Pole, but Amundsen got there first.
5. In 1781, the astronomer William Herschel _____ planets, but he discovered Uranus, the seventh planet from the sun!
6. In 2011, several scientists _____ the planet Mars when they discovered some strange lines.