

# The stages of life.

1

## Time to Read!

Life is a journey that starts with birth and ends with death. There are many stages of life, each with its own joys and challenges.

When we are born, we are called babies. Babies need a lot of care and attention from their parents or caregivers. As we grow up, we become children and start to learn new things every day. Childhood is a time of exploration and discovery, where we make friends and have fun. As we enter adolescence, we become teenagers and start to experience many changes in our bodies and minds. It's a time of self-discovery and figuring out who we are and what we want to do with our lives.

In young adulthood, we start to take on more responsibilities and become independent. We may get married and start families of our own.

Middle-aged people are those who are in their 40s and 50s. They may have successful careers and be busy with their families and other responsibilities.

Senior citizens are those who are over 65 years old. They may retire from work and enjoy their free time doing things they love.

We all have family members like aunt, uncle, cousin, nephew, niece, brother in law, stepfather and wife who play an important role in our lives.

Finally, we reach old age, which can bring its own set of challenges. But it's also a time when we can reflect on our lives and feel proud of everything we have accomplished. Life is a precious gift, and we should cherish every moment of it.

## Can You Match These Words to Their Definitions?

1 nephew	a the brother of one's father or mother or the husband of one's aunt
2 teenager	b a young human being below the age of puberty or below the legal age of majority
3 birth	c the period of time when a person is a child, typically from the age of infancy to puberty
4 brother-in-law	d a person aged between 13 and 19 years old
5 middle-aged	e a child of one's uncle or aunt
6 child	f a very young child, typically one who has not yet started to walk or talk
7 baby	g a man who is married to one's mother but is not one's biological father
8 childhood	h an elderly person, especially one who has retired and receives a pension
9 aunt	i a son of one's brother or sister or of one's brother-in-law or sister-in-law
10 senior citizen	j the end of the life of a person or organism
11 cousin	k a married woman considered in relation to her spouse
12 young adult	l a daughter of one's brother or sister or of one's brother-in-law or sister-in-law
13 adolescence	m the emergence of a baby or other young from the body of its mother; the start of life as a physically separate being
14 old age	n relating to or characteristic of middle age, typically considered as the years between early adulthood and old age
15 niece	o the brother of one's spouse or the husband of one's sibling
16 wife	p a person in their twenties or thirties, considered as relatively young and energetic
17 death	q the later part of normal life after youth and middle age, characterized by a decline in strength and vigor
18 uncle	r the period following the onset of puberty during which a young person develops from a child into an adult

19 stepfather

s the sister of one's father or mother or the wife of one's uncle

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#### Time for a Quick Read!

You're invited to our celebration of "Ages and Stages of Life" on Saturday, June 12th, 2021 at 2 PM. We'll be gathering at the beautiful Green Oaks Park, where we'll explore the different phases of life together. From birth to old age, we'll discuss and share our experiences of being a baby, child, teenager, young adult, middle-aged, and senior citizen. Bring your family and friends, and don't forget to invite your aunt, brother-in-law, cousin, nephew, niece, stepfather, uncle, and wife. Let's celebrate life and all its stages!

### 4

#### Can You Fill in the Blanks?

old age, uncle, aunt, nephew, wife, stepfather, death, middle-aged, birth, cousin, adolescence, childhood, brother in law, niece

Life is a journey that starts with \_\_\_\_ (1) and ends with \_\_\_\_ (2). There are many stages of life, each with its own joys and challenges.

When we are born, we are called babies. Babies need a lot of care and attention from their parents or caregivers. As we grow up, we become children and start to learn new things every day. \_\_\_\_ (3) is a time of exploration and discovery, where we make friends and have fun.

As we enter \_\_\_\_ (4), we become teenagers and start to experience many changes in our bodies and minds. It's a time of self-discovery and figuring out who we are and what we want to do with our lives.

In young adulthood, we start to take on more responsibilities and become independent. We may get married and start families of our own.

\_\_\_\_ (5) people are those who are in their 40s and 50s. They may have successful careers and be busy with their families and other responsibilities.

Senior citizens are those who are over 65 years old. They may retire from work and enjoy their free time doing things they love.

We all have family members like \_\_\_\_ (6), \_\_\_\_ (7), \_\_\_\_ (8), \_\_\_\_ (9), \_\_\_\_ (10), \_\_\_\_ (11), \_\_\_\_ (12) and \_\_\_\_ (13) who play an important role in our lives.

Finally, we reach \_\_\_\_ (14), which can bring its own set of challenges. But it's also a time when we can reflect on our lives and feel proud of everything we have accomplished. Life is a precious gift, and we should cherish every moment of it.

### 5

#### Pick the Right Answer!



**1 What is the main topic of the text?**

- a The stages of life
- b The importance of family members
- c The challenges of old age
- d The value of life

**2 What is the first stage of life mentioned in the text?**

- a Adolescence
- b Childhood
- c Young adulthood
- d Senior citizenship

**3 What is childhood described as in the text?**

- a A time of exploration and discovery
- b A time of self-discovery
- c A time of taking on more responsibilities
- d A time of reflection

**4 What happens in young adulthood?**

- a We become teenagers
- b We start to learn new things every day
- c We become independent and take on more responsibilities
- d We retire from work

**5 Who are middle-aged people?**

- a Those who are over 65 years old
- b Those who are in their 40s and 50s
- c Those who are teenagers
- d Those who are babies

**6 What do senior citizens do when they retire from work?**

- a They start families of their own
- b They enjoy their free time doing things they love
- c They become teenagers again
- d They reflect on their lives

**7 What is old age described as in the text?**

- a A time of challenges
- b A time of reflection
- c A time of exploration
- d A time of self-discovery

**8 What is the role of family members in our lives?**

- a They play an unimportant role
- b They play a minor role
- c They play an important role
- d They play a major role

**9 What is the message of the text?**

- a Life is a journey that starts with birth and ends with death
- b We should cherish every moment of life
- c Life is a precious gift
- d All of the above

**10 What is the last stage of life mentioned in the text?**

- a Adolescence
- b Childhood
- c Young adulthood
- d Old age