

Use of English

Invisible Battles

Read the text below, choose the correct answer (A, B, C, D)

Panic attacks are an overwhelming experience that can affect people from all walks of life. During a panic attack, people feel helpless. It's as if they (1) _____ by an external force, and these sudden and unexpected episodes disrupt their lives in profound ways.



One of the most prominent characteristics of panic attacks are the rapid heartbeat and shortness of breath. These physical symptoms can be (2) _____ intense, often leaving people feeling as if they are losing control. It's a terrifying experience, and it's understandable that (3) _____ may struggle to fully comprehend the depth of this issue as they've never experienced it firsthand.

Professional help and guidance can make an immense difference in (4) _____ the symptoms. Therapy sessions, where people can freely express their fears and anxieties, can provide a safe place for healing. The impact of panic attacks on (5) _____ lives should not be underestimated. It's crucial for us to empathize with and understand the experiences of those who have encountered these episodes.

1	A controlled	B are being controlled	C being controlled	D are controlling
2	A incredibly	B incredible	C incredulity	D credible
3	A the other	B other	C another	D others
4	A management	B managing	C manage	D to manage
5	A individual's	B individual's	C individuals'	D individuals

