

## CAE Reading and Use of English Practice - Test 8

- \* For questions 1 – 8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

**Example:**

- A. keeping                      B. holding                      C. clutching                      D. grabbing

### I wish I'd known that before

I've always tried to be a supportive friend, (0) **keeping** my own counsel on my true opinions. I've lied to (1)\_\_\_\_\_ a friend's face and gone to parties with people I couldn't stand (2)\_\_\_\_\_ upset them. But now I'm older I have realised that being permanently sympathetic is not the way to hold on to your integrity and well-being. Armed with this understanding, I planned to (3)\_\_\_\_\_ on a policy of being totally honest at all times. I came across research that (4)\_\_\_\_\_ me up, claiming that often people don't actually want the truth and that being honest reduces the stress that inevitably accompanies (5)\_\_\_\_\_ so-called white lies. So I decided to (6)\_\_\_\_\_ ahead. Some people hated me, others were angry, but my real friends valued my honesty. (7)\_\_\_\_\_, I was aware of the damage bluntness can do but I've learned that true friendship survives on sincerity and a few (8)\_\_\_\_\_ truths won't ruin it. I wish I'd known that before!

- |                  |                |                     |                |
|------------------|----------------|---------------------|----------------|
| 1. A. rescue     | B. save        | C. recover          | D. retain      |
| 2. A. instead of | B. in place of | C. in preference to | D. rather than |
| 3. A. begin      | B. embark      | C. commence         | D. engage      |
| 4. A. backed     | B. supported   | C. held             | D. took        |
| 5. A. saying     | B. speaking    | C. recounting       | D. telling     |
| 6. A. go         | B. move        | C. got              | D. push        |
| 7. A. Although   | B. Obviously   | C. Conversely       | D. At last     |
| 8. A. house      | B. home        | C. base             | D. foundation  |



- \* For questions 1 – 8, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning (0). **SUCCESS**

Write your answers **IN CAPITAL LETTERS** on the separate answer sheet.  
Example: **SUCCESSFUL**

### The route to perfection

Can there be perfection without pain for those who are (0) **successful** (**SUCCESS**) in the world of dance? Achieving excellence depends on many different things, including physique and luck. However, it is (1)\_\_\_\_\_ (**DISPUTE**) that those who dance professionally must also follow a (2)\_\_\_\_\_ (**RIGOUR**) training regime, combining this with complete (3)\_\_\_\_\_ (**DEDICATE**) to their art – and this can certainly be painful. Dancers have to be like (4)\_\_\_\_\_ (**ENDURE**) athletes but they also have to combine fitness with elegance and (5)\_\_\_\_\_ (**MUSIC**). It's said that giving a professional dance performance is not (6)\_\_\_\_\_ (**SIMILAR**) to playing a football game as dancers have to combine periods of sustained activity with short bursts of (7)\_\_\_\_\_ (**EXPLODE**) energy, while also being able to recover quickly. In the past dancers trained mostly by going through (8)\_\_\_\_\_ (**REPEAT**) routines but in the modern world, with its high standards of fitness, they use additional techniques such as gym routines to gain muscle strength and stamina. Their ultimate aim is perfection.

1. DISPUTE

2. RIGOUR

3. DEDICATE

4. ENDURE

5. MUSIC

6. SIMILAR

7. EXPLODE

8. REPEAT