

Drugs and Types of Abuse and Keeping our body healthy

1. _____ drugs are drugs that are not medicines and that are against the law to sell, buy, have, or use.

2. What is the name of this plant?

Cocaine

Marijuana

Strong Back



3. Which is not a name used for Marijuana?

Grass

Weed

Bud

pot

4. Most people use Marijuana by _____ it. users usually smoke it.

What is the name of this drug?

Cocaine

Marijuana

Strong Back



5. What are two areas illegal drugs can prevent young people from doing well?

school and music

school and sports

playing and sports

6. What is sexual abuse?

A. It is when someone male or female, fondles, rapes, or lures people to be part of some sexual activity.

B. It is when a male or female encourages fondling, or rape, or lures a person to be part of some sexual activity.

7. Match the sexual abuses to these definitions. Incest Rape Molestation

- A. is sexual activity among people who are closely related? _____
- B. is forced sexual intercourse. _____
- C. is touching or being touched sexually, exposure of genitalia, taking pornographic pictures

8. Match the vitamin with the definition. Vitamin A - Vitamin C - Vitamin D - Vitamin E
Vitamin K

- A. controls blood clotting _____
- B. prevents infection, keeps the eyes moist, and the hair and skin shiny _____
- C. slows down cell damage _____
- D. keeps bones and teeth strong. This vitamin is also produced by the sun. _____
- E. prevents infection, keeps the skin healthy, and heals wounds. It also helps the body absorb
iron. _____
9. What keeps the body functioning properly? _____

10. Match the mineral to each definition.

Calcium Iron Phosphorous Potassium Zinc Sodium

- A. builds strong bones and teeth and helps cells function _____
- B. helps nerves and muscles function and helps cells use energy _____
- C. it is needed by the body in a very small amount. _____
- D. protects the body against infection and assists cells in using energy _____
- E. helps the body grow, heals wounds, and maintains the senses of smell and taste

- F. builds strong bones and teeth, helps muscles and nerves work, and helps blood clot
