

Exercise 1: Choose the word whose underlined part is pronounced differently from the others

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|--------------------|---------------------|-------------------|---------------------|
| 1. A. my <u>th</u> | B. cyc <u>l</u> ing | C. it <u>ch</u> y | D. all <u>er</u> gy |
| 2. A. fl <u>u</u> | B. s <u>un</u> burn | C. j <u>u</u> nk | D. m <u>u</u> ch |

Exercise 2: Choose the correct answer

- Junk foods are high in fat, sodium and sugar, which can lead to _____.
A. fever B. allergy C. obesity D. stomachache
- She stays in _____ by exercising daily and eating well.
A. health B. fit C. size D. shape
- She looks very tired. She should work _____ or she will get sick.
A. well B. less C. more D. enough
- If you want to _____ weight, you should follow a low-fat diet.
A. lose B. gain C. put on D. take
- If you want to stay healthy, eat _____ vegetables, whole grains, fruit and fish.
A. much B. fewer C. more D. less

Exercise 3: Supply the correct form of the words in brackets

- Drinking unclean water can cause _____. (sick)
- My uncle is a _____. He doesn't eat meat or fish. (vegetable)
- I'm _____ to shellfish, so I can't eat lobster and shrimp. (allergy)