

1 VOCABULARY months, adverbs and expressions of frequency

a Put the letters in order to make months. Write the months in order. Remember to start with a CAPITAL LETTER.

erpebsmte ilpar movrebne ugtuas
yma anyjuar ujen cotorbe ebryfuar
ecerdmbe ahrmc uylj

- 1 January
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 December

b Answer the questions.

c Complete the sentences with an adverb or expression of frequency.

- 1 I go to the gym twice a week, on Mondays and Thursdays.
- 2 He _____ eats meat. He's a vegetarian.
- 3 She _____ starts work at 9.00, but on Mondays she starts at 10.00.
- 4 I see my parents _____ a year at Christmas.
- 5 They usually walk to work, but they _____ drive.
- 6 I have English classes _____ - Monday, Wednesday and Friday.

2 GRAMMAR position of adverbs, expressions of frequency

a Are the sentences right (✓) or wrong (✗)? Correct the wrong sentences.

- 1 Pilots often sleep in hotels.
- 2 The children every day walk to school.
The children walk to school every day.
- 3 Mike drives sometimes to work.
- 4 My girlfriend is never late.
- 5 They every summer go to Italy.
- 6 Ellie three times a day drinks coffee.
- 7 My brother hardly ever has a shave.
- 8 We twice a week study English.
- 9 I always am stressed.
- 10 I see my grandparents every weekend.

THE TIME QUIZ

- 1 How many minutes in an hour? sixty
- 2 How many months in a year? _____
- 3 How many days in a week? _____
- 4 How many seconds in a minute? _____
- 5 How many weeks in a month? _____
- 6 How many hours in a day? _____
- 7 How many days in June? _____
- 8 How many weeks in a year? _____

b Write sentences. Use verbs from the list and the words in brackets in the correct place.

be do get up go have see sleep take

- 1 We / the housework (once a week)
We do the housework once a week.
- 2 They / pizza for dinner. (never)
They never have pizza for dinner.
- 3 My mother / shopping (every morning)
- 4 I / for eight hours. (hardly ever)
- 5 We / our friends (every weekend)
- 6 I / at quarter to seven. (usually)
- 7 My children / happy. (always)
- 8 She / the dog for a walk (three times a day)

c Complete the **You** column in the chart. Then complete the sentences with a verb and an adverb of frequency.

always ✓✓✓✓✓ sometimes ✓✓
usually ✓✓✓✓✓ hardly ever ✓
often ✓✓✓ never -



	Matt	Becky	You
sleep for eight hours	1 ✓✓✓✓	6 ✓✓	11
be relaxed	2 ✓✓✓✓✓	7 ✓✓✓	12
do sport or exercise	3 ✓✓	8 -	13
eat healthy food	4 ✓✓✓	9 ✓	14
be ill	5 -	10 ✓✓✓✓✓	15

Matt

- 1 Matt *usually sleeps for eight hours.*
- 2 He is always _____.
- 3 He sometimes _____.
- 4 He _____.
- 5 _____.

Becky

- 6 Becky _____.
- 7 She _____.
- 8 _____.
- 9 _____.
- 10 _____.

You

- 11 I _____.
- 12 _____.
- 13 _____.
- 14 _____.
- 15 _____.

3 PRONUNCIATION the letter h

a Complete the sentences with words from the list.

hairdresser happy home
hospital hour Hungary

- 1 Her husband is from *Hungary.*
 - 2 My headphones are at _____.
 - 3 His mother is in _____.
 - 4 Lunch is half an _____.
 - 5 Helen is a _____.
 - 6 The children are healthy and _____.
- b 4.4 Listen and check. In which word is h not pronounced?
- c 4.4 Listen again and repeat the sentences.

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