

HOW OFTEN DO YOU?



Do the shopping

Do baking

Do gardening

Do crafts

Walk the dog

Meet friends

Go to football training

Practise the keyboard

Visit grandparents

1. Complete with the words in brackets.

1. I (usually / play) the guitar.
2. She (always / do) her homework.
3. I (never / play) football on Monday.
4. You (sometimes / stay) home.
5. He (hardly ever / do) sport.
6. They (always / play) tennis
7. She (usually / be) late.
8. We (hardly ever / water) the plants.
9. My brother (sometimes / watch) documentaries.



2. Listen and complete : What does Betty do at the weekend? How often?

1. On she stays home.
2. She do crafts but is her favourite hobby.
3. She practices the keyboard.
4. She meets friends in the afternoon.
5. She goes to football training.
6. She play basketball at the sports centre.
7. She visits her grandparents on .
8. She does baking with her granny.
9. She walks the dog.

3. Complete with the words in brackets. How often do they ...?

NAME	ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sara		✓	✓	✓	✓	✓
Jim and Sue			✓		✓	
Mary			✓			
You		✓				✓
Peter		✓		✓		✓

- How often does Sara ? She
- How often ? Jim and Sue
- How often ? Mary
- How often ? I
- How often ? Peter

4. Listen and complete.

Matilda visits my grandparents

She does baking

She walks the dog on morning.

She meets her friends , on and afternoon.

She helps her dad do the gardening on .

How often?

5. Read and complete the sentences

Jessica's basketball blog



Hi! I'm Jessica. I'm a basketball lover too! I play on the school basketball team.

It's great, but there's a lot of training too. I go to training on Mondays, Wednesdays and Thursdays from six to eight o'clock. During the league period, we have a match every week, on Saturday morning.

To be in shape I usually go running for an hour on Tuesdays and Fridays. My diet is very important. I need to eat fruit and protein every day. I also need to sleep an average of ten hours every day.

I like watching basketball on TV. I watch basketball matches once or twice a week.

My favourite basketball team is Gran Canaria. My dream is to be a professional basketball player when I finish school.

Sunday is my favourite day of the week. There are no trainings, there are no matches and I haven't got any homework! Once a month I go with my dad to see a basketball game. Basketball is really great fun!

- 1 She goes to training
- 2 She plays a match
- 3 She goes running
- 4 She sleeps
- 5 She watches basketball on TV
- 6 She goes with her dad to see a basketball game

6. What do you do every weekend? Write two or three sentences.

What are your hobbies? What sports do you do/play?

How often do you do/play them and when?

Who do you do these activities with?

