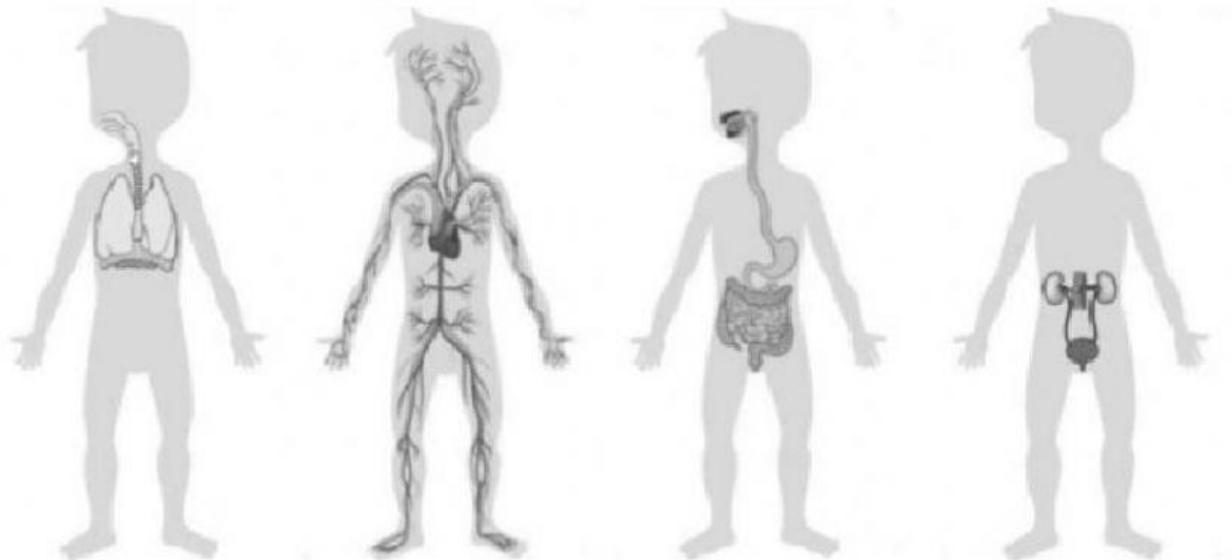


HUMAN BODY TEST

1. Match each process involved in nutrition to its body system and function.

- Digestion (Digestive system)
- Respiration (Respiratory system)
- Circulation (Circulatory system)
- Excretion (Excretory system)
- Oxygen and nutrients are carried in the blood
- You absorb the nutrients your body need
- You breathe in air and obtain the oxygen you.
- You expel the waste materials that your body does not use.

2. Write the system's name:



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3. Types of nutrients (match):

CARBOHYDRATES AND FATS

- Help our body to grow and function correctly, Ex.: Meat, fish, eggs, milk, cheese, pulses.

PROTEINS

- Needed to stay alive.

VITAMINS AND MINERALS

- Give energy. Ex.. potatoes, cereals, rice, bread, pasta, oil, butter

WATER

- Regulate the body and protect us against illnesses. Ex.: fruits, vegetables.