



Listening 1

Planning or Doing?



Listen to an article about planners and doers.
Do you agree with it?



Activity 1

Answer the questions.

1. Why is planning important?

2. How can a support system help you reach your goals?

3. What do you consider yourself to be: a planner, a doer or both?

4. What is recommended to reach success?

Activity 2

Complete the sentences with the vocabulary in the box.

1. Planning is not important for reaching your goals ()
2. People who only plan only will never get past the stage of dreaming. ()
3. Planning helps people to better visualize goals and make them reachable ()
4. Tools such as planners, notebooks and calendars are used by people to remind them of what needs to be done. ()
5. Acting upon your goals will not help you reach your goal ()
6. Being a planner and a doer will always help you to succeed. ()