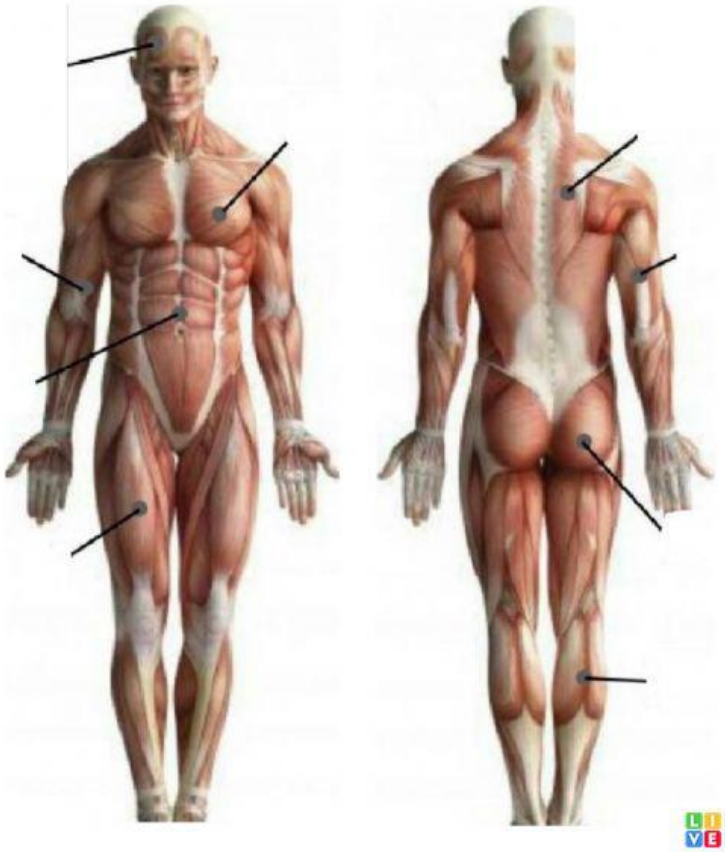
ELS MÚSCULS DEL COS HUMÀ



TRAPEZI

PECTORAL

FRONTAL

BÍCEPS

TRÍCEPS

ABDOMINAL

QUADRÍCEPS

GLUTI

BESSONS

LIVEWORKSHEETS