

# Food

Why do we need food?

for energy

to die

to be healthy

for fun

When do we eat our meals?

Morning

Mid-day

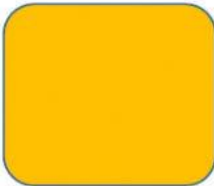
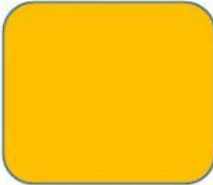
Night

Lunch

Dinner

Breakfast

Put the foods into the correct boxes

| Fruits                                                                                                                                                                                                                                                      | Vegetables                                                                                                                                                                                                                                                      |
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