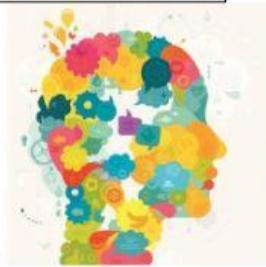




## Mental Health



### Vocabulary

1. Match the words and phrases from **a-j** to their definition from **1-10**.

<b>a.</b> Mental illness	_____	1. A thing that alerts people to an unsatisfactory situation and prompts them to remedy it.
<b>b.</b> Survey	_____	2. A charitable fund, organization, foundation, or institution.
<b>c.</b> Suffer	_____	3. A condition which causes serious disorder in a person's behaviour or thinking.
<b>d.</b> Wake-up call	_____	4. An amount or value expressed in numbers.
<b>e.</b> Support	_____	5. The use of medicines, surgery, etc., in curing a person of a disorder.
<b>f.</b> Treatment	_____	6. (of a person) aged about 45 to 65.
<b>g.</b> Middle-aged	_____	7. Size or extent.
<b>h.</b> Charity	_____	8. A sampling of facts, figures, or opinions used to reveal and analyse information.
<b>i.</b> Figures	_____	9. To feel pain or great distress.
<b>j.</b> Scale	_____	10. Assistance or help.

### Listening and Reading

2. Listen and fill in the spaces with the following words.

Researchers	Illness	Adults	charity	support	doctor
mental health	suffered	depression	per cent		

**Up to half of adults suffer from mental illness.**

#### This is Breaking News English.com

Britain's health service said that up to half of \_\_\_\_\_ have suffered from a mental illness. The Health Survey for England shows that 25 per cent of adults have had a \_\_\_\_\_ problem and 18 per cent believe they have \_\_\_\_\_ from one but have not seen a \_\_\_\_\_. A mental health expert said the survey is a "wake-up call" to make sure that people get mental health \_\_\_\_\_. He said: "Effective mental health treatment saves lives."

\_\_\_\_\_ questioned 5,000 adults and found that 26 \_\_\_\_\_ of them were diagnosed with a mental illness. \_\_\_\_\_ was the most common form. Women are more likely to suffer than men. Over 40 per cent of middle-aged women have had an \_\_\_\_\_ at some time in their life. A mental health \_\_\_\_\_ said: "These are shocking figures...because the scale of mental illness is already known but too often ignored."

## Grammar and Writing

3. Put the words in the correct order to make the questions. Then answer the questions.

a. the What think read you you headline did when?

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b. about Do your you mental ever health worry?

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c. do What you mental know health about conditions?

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d. healthy can stay mentally How we?

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e. people's does affect lives How depression?

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f. health problems Why are women more likely to develop mental?

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g. health can affect What our everyday mental things?

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