

LISTENING



Listen and write the frequency. Then, look and write the names.  4



How often do you eat vegetables?

Four times a week

Once a day

Sita: _____

Ahmed: _____

James: _____

Liam: _____

Naomi: _____

Twice a week

Twice a day

Once a week

Name	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
_____				✓			
_____	✓	✓	✓	✓	✓	✓	✓
_____		✓			✓		
_____	✓✓	✓✓	✓✓	✓✓	✓✓	✓✓	✓✓
_____	✓		✓	✓			✓



READING



Read and write the activities.



Hi, I'm Lucy. At the weekend, I do lots of different things. On Saturday morning, I always go to football training at nine o'clock. I play on my local team, I love playing football. One thing I never do at the weekend is visit my grandparents, I visit them on Wednesdays. On Saturday afternoon, I usually do the shopping with my dad in the supermarket, but I sometimes meet my friends in the park. I love playing sports and my sister loves art. She usually does something artistic, but I hardly ever do crafts.

Lucy's weekend activities



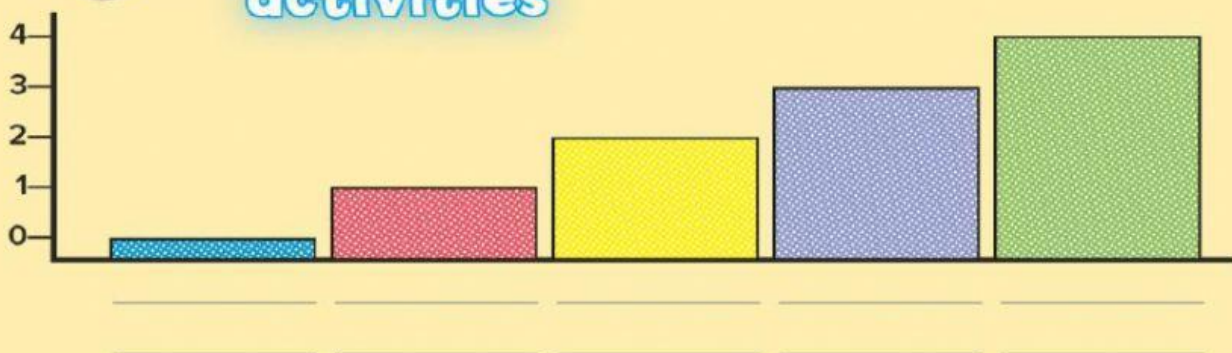
never = 0

hardly ever = 1

sometimes = 2

usually = 3

always = 4



EXPRESSIONS OF FREQUENCY



Look, read and answer the questions.



always ✓✓✓ usually ✓✓ sometimes ✓ hardly ever X never X X

- 1- How often does she visit her grandparents?
- 2- How often do they do the shopping?
- 3- How often does he practice the keyboard?
- 4- How often does he do homework?
- 5- How often do they watch TV?



Read and complete the table. Then complete the sentences.



Cassie

My dad plays tennis at the weekend and I play with him some days. I'm learning Chinese at school, I love it! I practise it from Monday to Friday. I love fruit and eat it every day. I don't like computer games and I haven't got a computer. I've got a lot of books in English and I read every night.



Leo

My favourite sport is tennis and I play it every day. I don't learn Chinese, so I don't practise it. I like fruit and I eat it six days a week. I play computer games with my cousin only in summer, when we go on holiday together. I don't always read in English, some nights I read in English and some nights I read in Spanish.

always ✓✓✓ usually ✓✓ sometimes ✓ hardly ever X never X X

	play tennis	practise Chinese	eat fruit	play computer games	read in English
Cassie					
Leo					

- 1 Cassie never _____.
- 2 Cassie _____ eats fruit.
- 3 Leo hardly ever _____.
- 4 Leo _____ reads in English.