Name: _____

Grade: _____

Subject: Family and Consumer Science

Topic: Meat

1. What is the name used for food that comes from animal flesh? _____

2. What is the main nutrient that meat provides? _____

3. Culture, _____, _____, and geographical location determines if an individual will eat meat.

4. Which animal is not eaten in India and why?
   _____

5. Meat that comes from older animals are said to be _____.

6. The fat contained on meat is called _____.

7. Pork should be cooked and eaten _____.

8. Tough cuts of meat should be _____ or _____.

9. _____ the meat is a method used to tenderize tough cuts of meat.

10. Using a _____ to cook tough cuts of meat also help tenderize meat.