

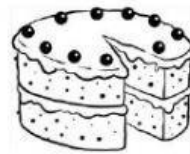
Name: \_\_\_\_\_

## Vocabulary

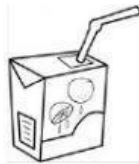
### 1 Complete the sentences with places to go.

- 1 You can buy drinks, snacks and light meals from a c\_\_\_\_\_.
- 2 You can use books from a l\_\_\_\_\_, but you don't buy them.
- 3 You see films at the c\_\_\_\_\_.
- 4 You can do lots of different sports at a s\_\_\_\_\_ c\_\_\_\_\_.
- 5 You go out and have lunch or dinner in a r\_\_\_\_\_.
- 6 It's nice to go for a walk in the p\_\_\_\_\_ on a sunny day.
- 7 There are lots of shops under one roof in a s\_\_\_\_\_ c\_\_\_\_\_.
- 8 You can practise sports with a skateboard, scooter or BMX at a s\_\_\_\_\_ p\_\_\_\_\_.
- 9 You go to a f\_\_\_\_\_ s\_\_\_\_\_ to watch a big match.
- 10 There's a lot of exercise equipment in a g\_\_\_\_\_.

### 2 Look at the pictures and write the words.



1 y\_\_\_\_\_ 2 c\_\_\_\_\_ 3 p\_\_\_\_\_ 4 c\_\_\_\_\_



5 f\_\_\_\_\_ 6 j\_\_\_\_\_ 7 m\_\_\_\_\_ 8 h\_\_\_\_\_



9 s\_\_\_\_\_ 10 c\_\_\_\_\_

## Grammar

### 3 Complete the sentences with *a / an, some or any*.

- 1 There are \_\_\_\_\_ potatoes in the cupboard.
- 2 There's \_\_\_\_\_ apple in my bag.
- 3 There's \_\_\_\_\_ menu on the table.
- 4 There aren't \_\_\_\_\_ crisps in my packed lunch.

### 4 Complete the sentences with *There is / There are or There isn't / There aren't*.

- 1 \_\_\_\_\_ three oranges in the bag. Would you like one?
- 2 \_\_\_\_\_ a big cinema in my town. It's got ten screens.
- 3 \_\_\_\_\_ a teacher here. We're in the wrong classroom!
- 4 \_\_\_\_\_ two birds in the tree. Look at them!
- 5 \_\_\_\_\_ a park near my house, but there's one by the school.
- 6 \_\_\_\_\_ any oranges left. What can I have for a snack?
- 7 \_\_\_\_\_ three people at the bus stop. They're waiting for the bus.
- 8 \_\_\_\_\_ a bowling alley in this village but there's a sports centre.
- 9 \_\_\_\_\_ a swimming pool at the sports centre. It's very big.
- 10 \_\_\_\_\_ 25 students in my class – 12 boys and 13 girls.

### 5 Complete the questions with *Is there / Are there*. Then complete the answers.

- 1 \_\_\_\_\_ any juice in the bottle? No, \_\_\_\_\_.
- 2 \_\_\_\_\_ any cheese in the fridge? Yes, \_\_\_\_\_.
- 3 \_\_\_\_\_ any nuts in this recipe? No, \_\_\_\_\_.
- 4 \_\_\_\_\_ any biscuits on the plate? Yes, \_\_\_\_\_.
- 5 \_\_\_\_\_ any fruit for dessert? Yes, \_\_\_\_\_.

### 6 Complete the questions with *How much / How many*.

- 1 \_\_\_\_\_ protein is there in this meal?
- 2 \_\_\_\_\_ portions of fruit and vegetables do you eat every day?
- 3 \_\_\_\_\_ sugar is there in a can of fizzy cola?
- 4 \_\_\_\_\_ calcium do you need?
- 5 \_\_\_\_\_ fat is there in a hamburger?
- 6 \_\_\_\_\_ calories are there in a bag of crisps?

## Writing

### 7 Complete the sentences with the words in the box.

fry	finally	wash	first	next	then	cut	mix	break	cook
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#### Spanish omelette recipe

- 1 \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ some potatoes and onions.
- 2 \_\_\_\_\_ the potatoes and onions in a pan.
- 3 \_\_\_\_\_ four eggs and \_\_\_\_\_ them with the potatoes and onions.
- 4 \_\_\_\_\_, put all the ingredients back in the pan and \_\_\_\_\_ for five minutes.
- 5 There isn't a lot of fibre in this meal!

## Reading

### 8 Read the texts and circle T (true) or F (false).

I love making baked potatoes. They're delicious! Cheese is my favourite topping, but there is a lot of fat in cheese, so I don't have it often. Sometimes I have tuna. There is a lot of protein in tuna and there isn't much fat, so it's good for you. There are lots of other toppings you can use, like beans, chilli sauce – or even curry!

#### Adam 13

I like making cakes. My favourite cake is healthy because it isn't chocolate cake, it's carrot cake. There isn't a lot of sugar in it and there's a lot of vitamin A from the carrots. But mum says it's still not a good idea to eat too much cake!

#### Mia 12

My favourite food is pasta. I love it! I like it because there are so many different meals you can make with it. My favourite recipe is spaghetti *carbonara*. This is spaghetti with cheese and ham. It's got lots of protein, but it's got lots of fat, too. Pasta with tomato sauce is very healthy, so I eat a lot of this.

#### Lewis, 13

- |   |  |       |
|---|--|-------|
| 1 | Adam's favourite topping is cheese.        | T / F |
| 2 | Tuna is good for you.                      | T / F |
| 3 | Mia's favourite cake contains chocolate.   | T / F |
| 4 | Mia's mum lets her eat a lot of cake.      | T / F |
| 5 | Lewis likes spaghetti with cheese and ham. | T / F |

### 9 Read the texts again and answer the questions.

- 1 Why doesn't Adam often have jacket potato with cheese?

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- 2 Why does Adam often have jacket potato with tuna?

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- 3 Why is carrot cake healthy?

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- 4 Why is Lewis's favourite food pasta?

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- 5 Why does Lewis eat a lot of pasta with tomato sauce?

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