

# MAIN AND HELPING VERBS

Read the sentences below. Identify the main verbs and write both verbs on the spaces provided.

**RETEACHING:** A **main verb** shows the action or state of being in a sentence. A **helping verb** such as *am, is, are, has, have, or will* works with the main verb to show when the action or state of being occurs.

	Main	Helping
1. Wilma had weighed only four pounds at birth.	_____	_____
2. Others have expected little from her.	_____	_____
3. She is becoming a great athlete.	_____	_____
4. Not a single problem has stopped her.	_____	_____
5. People are noticing her skill in basketball.	_____	_____
6. Wilma will surprise everyone.	_____	_____
7. They are urging her to run races.	_____	_____
8. The sweat is flying off her face.	_____	_____
9. She has lunged across the finish line.	_____	_____
10. She is not thinking about her fear or pain.	_____	_____
11. She was forgetting all her problems.	_____	_____
12. People in the crowd were cheering for her.	_____	_____
13. No American woman had captured three gold medals at one Olympics.	_____	_____
14. She has changed sports history.	_____	_____
15. We will tell others about Wilma Rudolph's accomplishments.	_____	_____