Name

Main and Helping Verbs

RETEACHING: A **main verb** shows the action or state of being in a sentence. A **helping verb** such as *am, is, are, has, have,* or *will* works with the main verb to show when the action or state of being occurs.

Read the sentences below. Identify the main verbs and write both verbs on the spaces provided.

		Main	Helping
1.	Wilma had weighed only four pounds at birth.	_____	_____
2.	Others have expected little from her.	_____	_____
3.	She is becoming a great athlete.	_____	_____
4.	Not a single problem has stopped her.	_____	_____
5.	People are noticing her skill in basketball.	_____	_____
6.	Wilma will surprise everyone.	_____	_____
7.	They are urging her to run races.	_____	_____
8.	The sweat is flying off her face.	_____	_____
9.	She has lunged across the finish line.	_____	_____
10.	She is not thinking about her fear or pain.	_____	_____
11.	She was forgetting all her problems.	_____	_____
12.	People in the crowd were cheering for her.	_____	_____
13.	No American woman had captured three gold medals at one Olympics.	_____	_____
14.	She has changed sports history.	_____	_____
15.	We will tell others about Wilma Rudolph's accomplishments.	_____	_____