Read and complete the text using the words in the box below

filled / drilling / causing / teeth / tooth / toothache / cavities / relax / pain / fear / office / medicine / check-up

James is at the dentist's _____ today because he has a _____ on the right side of his mouth. He bought some _____ at the drug store, but the _____ didn't stop. His last dental _____ was six years ago. James is afraid of dentists. An x-ray technician took x-rays of his _____ . He has three _____ . The dentist is _____ two of the cavities, but he will have to pull out the _____ that has the third cavity. That cavity is so large that it can't be _____. That is also the tooth that is _____ the pain. Every time the dentist starts the drill, James clenches with_____ . The dentist told him to _____, but he can't.

What can he do? How can he relax?