

Unit #7 (Health and Safety)

Vocabulary

1 Match the words with the definitions.

- 1 bacteria
- 2 breathe
- 3 CPR
- 4 danger
- 5 first aid
- 6 research
- 7 respond

- a something you do to help someone take air in and out of their body
- b basic medical help given quickly
- c very small living things that cause diseases
- d the possibility of being hurt or killed
- e taking air in and out of your body
- f studying something to find new facts about it
- g doing something when someone talks to you



Reading

2 Read the article about being clean around the house and answer the following questions.

- 1 Name 4 things you can do to keep your home clean.
- 2 Suggest a title for this article.
- 3 What other things can you suggest to keep your home clean?

Writing

3 Write a paragraph about how you help to keep your home clean. Include answers to the questions above.

Most people like to keep their homes clean, but there are many places that we don't think about and so they become full of dirt and bacteria.

Research shows that the deep cuts in chopping boards are often a home for bacteria because people don't clean them properly. Bacteria often move around our homes when we touch things, so phones, tablets and computer keyboards often have a lot of bacteria on them, too. However, bacteria really love warm, wet places and so your kitchen sponge probably has more bacteria than anything else in your home.

Experts say that it's most important to wash our hands regularly. If we touch animals, we should wash our hands, and we need to use a tissue when we sneeze to stop the bacteria spreading in the air. They suggest using plastic chopping boards and giving them an extra clean once a week. We should replace kitchen sponges every two weeks, and we can buy special cleaners for phones, tablets and computers.



Vocabulary

1 Complete the sentences with the correct words.

allergy at least bedding ~~bin~~ dust grow soil

- 1 You should put your rubbish in the bin and remember to clean it because there is a lot of bacteria inside.
- 2 When we returned from our holiday, the house didn't feel clean because there was something on all the furniture.
- 3 Plants need sunlight, water and good soil to grow well.
- 4 My mum tells me to change the cover on my bed once a week.
- 5 His room is dirty and the bathroom is messy, but he had a shower this morning!
- 6 I can't stop sneezing because I have an allergy to your pets.
- 7 Bacteria like to live in warm, wet places like a kitchen sponge.

Language

2 Look at the advice and put it into the correct list in the table. Then make sentences.

should / must	shouldn't / mustn't	Advice
wash your hands often.		● wash your hands often
		● cover your mouth when you cough
		● use a tissue when you sneeze
		● go to school when you are ill
		● keep the same sponge in your kitchen for months
		● sleep in the same bedding without cleaning it for many days
		● prepare food after touching an animal
		● wash your hands with soap after using the toilet
		● drink from the same cup as a person who is ill
		● wash your hands before you eat

3 Circle the best option to complete the sentences.

- 1 You **must** / **mustn't** talk when the teacher is explaining things to you.
- 2 You **should** / **shouldn't** wash your hands after working in the garden.
- 3 You **must** / **mustn't** eat food after it falls on the floor.
- 4 You **should** / **shouldn't** clean your keyboard frequently.
- 5 You **shouldn't** / **mustn't** drive a car without holding a driving licence. It's against the law.



To: Amir
Subject: Help!

Hi Amir,

How are you? I hope you had a good weekend at the beach. Samy told me about the argument you had with Hany. I think it would be a good idea to say that you are sorry for getting angry. Stay calm and explain that he should ask you before he borrows your things. I'm sure he will realise that he made a mistake and he will say sorry too. Why don't you talk to him tomorrow? I suggest talking to him in the morning because he is usually busy on Sunday afternoons.

Now I hope you can help me with my problem. Do you remember that I was planning to clean my house at the weekend? Well, I was busy and I forgot about it! 😞 The problem is that my parents are coming home tomorrow and the house is really dirty. There's dust everywhere and there's a strange smell in the kitchen!

What should I do? Help!

Regards,
Maher

2 Read the email again and choose the correct answers.

- 1 Amir went to the **beach** / library at the weekend.
- 2 Amir had a problem with **Hany** / Samy.
- 3 Maher thinks Amir **should** / shouldn't apologise.
- 4 Maher says it's a good idea to talk to Hany in the **afternoon** / morning.
- 5 Maher didn't **clean** / cleaned the house at the weekend.
- 6 Maher's parents are coming home **today** / tomorrow.

Writing

3 Imagine you are Maher's friend. Write an email to him with your advice. Tell him what he should and shouldn't do.

To: Maher
Subject:

2 Complete the sentences with the words from the wordsearch.

- 1 In an **emergency**, the most important thing you must do is stay and decide on the best action to take.
- 2 If there is an accident and someone is, you should them in a immediately to keep them warm.
- 3 If there is a fire, you should the building and make sure that nobody has a serious

Reading

3 Read the advice and match the ideas with the different situations.

In case of emergency ...

A Head injury



B Cut



- 1 You should clean it carefully. ☒ B
- 2 You must not move the person. ☐
- 3 Put pressure on it to stop the blood. ☐
- 4 If the person is wearing a helmet, do not take it off. ☐
- 5 Put a plaster on it to stop bacteria getting to it. ☐
- 6 Check the person is breathing OK and is not sleeping. ☐

Treasure Island / Ch# 7

Read Chapter 7 again quickly. Who has or had the following?

- 1 a flag above the fort
- 2 a black flag
- 3 some cheese
- 4 a white flag
- 5 the map



Match the people with what they do or what happens to them.

- | | |
|---|--------------------------------------|
| 1 ☐ Ben Gun | a made the fort |
| 2 ☐ Captain Smollett | b will wait for Jim to find him |
| 3 ☐ Flint | c gives everyone a job to do |
| 4 ☐ Silver | d wants to give something to Ben Gun |
| 5 ☐ Dr Livesy | e leaves the fort angrily |

Put the events from Chapter 7 in the correct order.

- a ☐ Silver arrives at the fort with a white flag.
- b ☐ Captain Smollett tells his men that Silver will return to attack them.
- c ☐ Jim talks to Dr Livesy about Ben Gun.
- d ☐ Jim returns to the fort and leaves Ben Gun.
- e ☐ Captain Smollett asks Jim to guard the door to the fort.
- f ☐ Captain Smollett does not agree to Silver's offer.

Complete the sentences with these adjectives.

busy clever crazy honest frightened safe

- 1 Ben Gun thought that Flint was a clever man.
- 2 Flint was not of anyone except for Silver.
- 3 Captain Smollett kept all the men inside the fort.
- 4 Jim thought that Ben Gun was a little
- 5 Captain Smollett does not think that Silver is an man.
- 6 Silver offers to take Captain Smollett and his men to somewhere

Match to make phrases.

- | | |
|-----------------------------------|--------------------------|
| 1 ☐ become | a the door to a building |
| 2 ☐ guard | b someone feel better |
| 3 ☐ have | c someone a story |
| 4 ☐ make | d ill |
| 5 ☐ tell | e an advantage |